

#### 2009 John Fraser Memorial Time Trial - Saturday, May 2nd FINAL RESULTS

Sunny skies prevaled in the rescheduled running of the John Fraser Memorial Time Trial. The 8-mile course laid ground to more than 200 riders who eagerly took to the streets around Maple Park, IL. Thank you to all of the volunteers for making this race such a success. Thank you, also, to all the competitors who patiently waited for our rescheduled event to kick off the ABR outdoor season. Finally, many thanks to our host of Maple Park, IL for letting this event take place in and around their community.

Conditions: Race held at Maple Park, IL. 10:00am - Mostly Sunny Skies; 57 deg F; Wind WSW @ 12mph; Humidity: 50%; Barometric Pressure 29.97in

Please contact ABD Cycling at abdcycling@gmail.com if you have any questions regarding results.

# <u>AM1/2</u>

Place	Cat	Last	First	Club	Time
1	AM1/2	Meyers	John	ABD	0:16:52.22
2	AM1/2	Oliff	Reed	WDT-Allvoi International Cycling Team	0:17:11.54
3	AM1/2	Boba	Tomaz	WDT-Allvoi International Cycling Team	0:17:47.80
4	AM1/2	Jones	Michael	PACT - Dish Network	0:17:56.30
5	AM1/2	Verner	Dan	PACT-Dishnetwork	0:18:14.75
6	AM1/2	Host	James	PACT - Dish Network	0:18:20.64
7	AM1/2	Jungels	Rob	ABD	0:18:26.48

### **AM15**

Place	Cat	Last	First	Club	Time
1	AM15	Witt	Konrad	ABD	0:22:51.17
2	AM15	Redlich	Mj	ABD	0:23:03.37
3	AM15	Schilling	Jacob	Team Mack	0:24:27.10

### <u>AM15-5k</u>

Place	Cat	Last	First	Club	Time
1	AM15-5k	Schilling	Joshua	Team Mack	0:27:51.98
2	AM15-5k	Mccarthy	Sean	South Chicago Wheelmen	0:29:43.96

### <u>AM16+</u>

Place	Cat	Last	First	Club	Time
1	AM16+	Miwa	Stephen	South Chicago Wheelmen	0:21:03.23

### AM3

Place	Cat	Last	First	Club	Time
1	AM3	Bice	Curtis	ABD	0:17:26.58
2	AM3	Peterson	Doug	WDT-Allvoi International Cycling Team	0:17:51.90
3	AM3	Stodden	Michael	North Branch Cycling Club	0:17:52.99
4	AM3	Akers	Brian	WDT-Allvoi International Cycling Team	0:17:56.46
5	AM3	Madsen	Dan	ABD	0:18:11.68
6	AM3	Glinkowski	Voytek	WDT-Allvoi International Cycling Team	0:18:20.45
7	AM3	Kinonen	Chris	XXX Racing-Athletico	0:18:24.59
8	AM3	Serafin	Mark	CRACOVIA	0:18:34.91
9	AM3	Sneddon	James	ABD	0:18:35.72
10	AM3	Mattson	Ron	Freeport Bicycle Co.	0:19:09.10
11	AM3	Januszewski	Michael	Team Leveler	0:19:44.38
12	AM3	Gonzalez	Benjamin	Unattached	0:21:36.79





### AM30+

Cat	Last	First	Club	Time	
AM30+	Swartzendruber	Mark	Scarletfire Racing	0:16:34.90	
AM30+	Gerlach	Charles	Unattached	0:17:49.76	
AM30+	Westerheide	Ted	PACT - Dish Network	0:17:56.01	
AM30+	Allen	Peter	XXX Racing-Athletico	0:17:58.95	
AM30+	Allen	Peter	XXX Racing-Athletico	0:18:16.67	
AM30+	Akers	Brian	WDT-Allvoi International Cycling Team	0:18:18.43	
AM30+	Jungels	Rob	ABD	0:18:25.88	
AM30+	Tschampa	Andrew	PACT-Dishnetwork	0:19:03.58	
AM30+	Stephens	Kevin	Project 5 Racing	0:19:05.28	
AM30+	Kubinski	Brian	Team Joliet	0:19:09.26	
AM30+	Mstowski	Richard	ABD	0:22:01.72	
	Cat AM30+ AM30+ AM30+ AM30+ AM30+ AM30+ AM30+ AM30+ AM30+ AM30+	CatLastAM30+SwartzendruberAM30+GerlachAM30+WesterheideAM30+AllenAM30+AllenAM30+JungelsAM30+JungelsAM30+StephensAM30+Kubinski	CatLastFirstAM30+SwartzendruberMarkAM30+GerlachCharlesAM30+WesterheideTedAM30+AllenPeterAM30+AllenPeterAM30+AllenRobAM30+JungelsRobAM30+StephensKevinAM30+StephensKevin	CatLastFirstClubAM30+SwartzendruberMarkScarletfire RacingAM30+GerlachCharlesUnattachedAM30+WesterheideTedPACT - Dish NetworkAM30+AllenPeterXXX Racing-AthleticoAM30+AllenPeterXXX Racing-AthleticoAM30+AllenPeterXXX Racing-AthleticoAM30+AllenPeterXXX Racing-AthleticoAM30+JungelsRobABDAM30+JungelsRobABDAM30+StephensKevinProject 5 RacingAM30+KubinskiBrianTeam Joliet	

### AM4

Place	Cat	Last	First	Club	Time
1	AM4	Dodson	Daniel	North Branch Cycling Club	0:18:11.98
2	AM4	Allen	Peter	XXX Racing-Athletico	0:18:16.46
3	AM4	Kanute	Ben	Multisport Madness Triathlon Team	0:18:41.31
4	AM4	Mcdowell	Kevin	Multisport Madness Triathlon Team	0:18:47.83
5	AM4	Flechsig	Jim	ABD	0:19:05.85
6	AM4	Peyer	Eric	Unattached	0:19:07.09
7	AM4	Wiatr	Chris	WDT-Allvoi International Cycling Team	0:19:10.32
8	AM4	Verzbicas	Lukas	Multisport Madness Triathlon Team	0:19:21.14
9	AM4	Pac	Krystian	Pact-Dish Network-Polska	0:19:26.35
10	AM4	Wakeley	Michael	Blue Competition Cycles	0:19:26.87
11	AM4	Curtis	Robert	Bicycle Heaven	0:19:27.05
12	AM4	Bowden	Scott	ABD	0:19:47.39
13	AM4	Convey	Kevin	Multisport Madness Triathlon Team	0:20:07.07
14	AM4	Kober	Paul	ABD	0:20:10.77
15	AM4	Nathan	Reeven	Multisport Madness Triathlon Team	0:20:14.64
16	AM4	Zelewsky	Paul	ABD	0:20:16.80
17	AM4	Mccarthy	Brian	South Chicago Wheelmen	0:20:53.40
18	AM4	Dickson	Nolan	Multisport Madness Triathlon Team	0:20:55.00
19	AM4	Bloomfield	Jeff	ABD	0:20:55.45
20	AM4	Berenyi	Joe	Endure It	0:21:02.38
21	AM4	Ellsworth	Paul	ABD	0:21:03.01
22	AM4	Gashpar	Vitaly	Colavita Chicagoland	0:21:04.20
23	AM4	Majcen	Bob	emc2 / Elmhurst Masters CC	0:21:17.45
24	AM4	Heggen	Jordan	Multisport Madness Triathlon Team	0:21:30.55
25	AM4	Iwama	Yuki		0:21:33.46
26	AM4	Stritzel	William	Endure It	0:21:54.57
27	AM4	Rogers	Jared	XXX Athletico	0:21:57.55
28	AM4	Piekos	Mitchell	Project 5 Racing	0:22:24.16
29	AM4	Schilling	Paul	Team Mack	0:27:23.64





### <u>AM40+</u>

Place	Cat	Last	First	Club	Time
1	AM40+	Swartzendruber	Mark	Scarletfire Racing	0:16:20.81
2	AM40+	Oliff	Reed	WDT-Allvoi International Cycling Team	0:17:10.21
3	AM40+	Westerheide	Ted	PACT - Dish Network	0:17:46.24
4	AM40+	Gerlach	Charles	Unattached	0:17:58.63
5	AM40+	Verner	Dan	PACT - Dish Network	0:18:10.66
6	AM40+	Harris	Brian	PYOC/Higher Gear	0:18:16.87
7	AM40+	Lowe	Don	Team Mack	0:18:25.68
8	AM40+	Flowers	Kevin	The Bike Shop/Tin Fish	0:18:33.91
9	AM40+	Miwa	Loch	Flatlandia Cycling Team	0:18:36.23
10	AM40+	Saplis	Jim	Team Apache	0:19:01.00
11	AM40+	Busteed	Todd	ABD	0:19:01.78
12	AM40+	Tschampa	Andrew	PACT-Dishnetwork	0:19:05.95
13	AM40+	Dust	Debbie	Met Life/Pony Shop	0:19:14.24
14	AM40+	Hockenberry	Scott	The Bike Shop/Training Bible	0:19:20.55
15	AM40+	Van	Brian	Mack	0:20:20.59
16	AM40+	Kessler	Jeff	Unattached	0:20:40.77
17	AM40+	Glinka	Kenneth	ABD	0:20:50.60
18	AM40+	Johnson	Doug	Team Apache	0:21:01.28
19	AM40+	Haji-Sheikh	Michael	Unattached	0:21:06.15
20	AM40+	Mstowski	Richard	ABD	0:21:50.65

### <u>AM50+</u>

Place	Cat	Last	First	Club	Time
Flace					
1	AM50+	Jones	Michael	PACT - Dish Network	0:17:37.18
2	AM50+	Host	James	PACT - Dish Network	0:18:10.66
3	AM50+	Mattson	Ron	Freeport Bicycle Co.	0:18:48.16
4	AM50+	Bobka	Joe	Spin Doctor Cycle Works	0:19:11.89
5	AM50+	Rulo	Gary	ABD	0:19:22.38
6	AM50+	Molitor	Joel	ABD	0:19:39.60
7	AM50+	Dehmlow	Steven	Unattached	0:19:56.70
8	AM50+	Snyder	Charles	Tower Racing	0:20:09.10
9	AM50+	Keefe	Preston	Unattached	0:20:10.81
10	AM50+	Gage	Steven	ABD	0:20:30.45
11	AM50+	Montfort	Ludwig	Unattached	0:21:00.02
12	AM50+	Kryszak	Richard	South Chicago Wheelmen	0:21:07.17
13	AM50+	Trotter	Dave	ABD	0:21:50.05
14	AM50+	Fry	Ken	ABD	0:22:39.38

## <u>AM55+</u>

Place	Cat	Last	First	Club	Time
1	AM55+	Madsen	Dan	ABD	0:17:51.97
2	AM55+	Thalheimer	Charlie	Team BBC	0:18:27.30
3	AM55+	Green	Rick	TEAM RVO	0:18:35.91
4	AM55+	Adamczyk	Richard	CRACOVIA	0:18:56.45
5	AM55+	Kreutzfeldt	Richard	2CC	0:19:07.25
6	AM55+	Stoops	Walter	ABD	0:20:16.10
7	AM55+	Vonnahmen	Mike	Proctor Hospital	0:20:28.32
8	AM55+	Iverson	Greg	BBC	0:21:34.55
9	AM55+	Dittman	Steven	Unattached	0:22:43.77
10	AM55+	Grios	Jose	Unattached	0:22:50.26
11	AM55+	Wolowiec	Bob	Unattached	0:23:34.97
12	AM55+	Cerwin	Terry	ABD	0:24:56.51
13	AM55+	Janes	Don	ABD	0:24:59.23





### AM60+

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Place	Cat	Last	First	Club	Time
1	AM60+	Snyder	Charles	Tower Racing	0:19:10.48
2	AM60+	Egan	Tom	ABD	0:21:16.01
3	AM60+	Kallas	Bill	ABD	0:21:40.59
4	AM60+	Rhyne	Edward	Unattached	0:24:00.76
5	AM60+	Stern	Alan	Velo Club Roubaix	0:25:01.15
6	AM60+	Beam	Patricia	TEAM RVO	0:25:29.67

## <u>AM65+</u>

Place	Cat	Last	First	Club	Time
1	AM65+	Vichotka	Richard	Midwest Masters	0:21:21.43
2	AM65+	Yoder	Fred	ABD	0:22:14.88
3	AM65+	Herbert	R.W.	Midwest Masters	0:24:02.03
4	AM65+	Murphy	Pat	ABD	0:24:29.60
5	AM65+	Schiff	Don	Quad Cities Bike Club	0:25:13.98
6	AM65+	Holland	Steven	Elite Athletic Racing Team	0:27:02.52

## <u>AM70+</u>

Place	Cat	Last	First	Club	Time
1	AM70+	Patterson	Jack	Midwest Masters	0:21:04.29
2	AM70+	Beck	Bob	Midwest Masters	0:21:17.44
3	AM70+	Herbert	R.W.	Midwest Masters	0:24:06.20
4	AM70+	Krehbiel	John	Midwest Masters	0:25:12.16
5	AM70+	Englehorn	Gary	Unattached	0:47:26.51

## <u>AM75+</u>

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Place	Cat	Last	First	Club	Time	
1	AM75+	Wang	Edward	Unattached	0:24:58.64	
2	AM75+	Murphy	Pat	ABD	0:25:03.59	
3	AM75+	Beam	Gerald	Turin	0:25:47.07	

## <u>AM80+</u>

Place	Cat	Last	First	Club	Time
1	AM80+	Mckeague	Robert	Unattached	0:30:58.86

# <u>AW15</u>

Place	Cat	Last	First	Club	Time
1	AW15	Scanlan	Marie	Multisport Madness Triathlon Team	0:24:00.75





### AW4

Place	Cat	Last	First	Club	Time
1	AW4	Voelkel	Nicole	Multisport Madness Triathlon Team	0:21:07.65
2	AW4	Clay	Jessica	Multisport Madness Triathlon Teamspor	t0:21:35.79
3	AW4	Peszek	Monika	WDT-Allvoi International Cycling Team	0:22:01.30
4	AW4	Maday	Donna	ABD	0:22:13.78
5	AW4	Sides	Ginger	Project 5 Racing	0:22:34.56
6	AW4	Clawson	Kelsey	Multisport Madness Triathlon Team	0:22:42.19
7	AW4	Frampton	Cathy	Unattached	0:22:54.58
8	AW4	Knepper	Leah	Unattached	0:22:56.38
9	AW4	Clay	Jennifer	Multisport Madness Triathlon Team	0:25:05.03
10	AW4	Greiner	Melanie	Multisport Madness Triathlon Team	0:26:08.11
11	AW4	Kenny	Gina	ABD	0:26:16.60

## <u>AW40+</u>

Place	Cat	Last	First	Club	Time
1	AW40+	Thompson	Leigh	Vision Quest	0:19:20.37
2	AW40+	Petro	Pascale	Project 5 Racing	0:20:45.31
3	AW40+	Motyka	Agnieszka	Experience Triathlon	0:20:45.37
4	AW40+	Palmquist	Christine	The Bike Shop/Training Bible	0:21:02.12
5	AW40+	Fraser	Tamara	XXX Racing-Athletico	0:21:03.69
6	AW40+	Christiansen	Beth	XXX Racing-Athletico	0:22:33.82
7	AW40+	Roe	Mary	Tower Racing	0:24:07.11

## <u>AW50+</u>

Place	Cat	Last	First	Club	Time
1	AW50+	Tschampa	Jean	PACT-Dishnetwork	0:21:13.98
2	AW50+	Fagan	Mimi	Unattached	0:21:17.54
3	AW50+	Schmidt	Heidi	Unattached	0:21:48.13
4	AW50+	Powell	Marilyn	ABD	0:23:03.90
5	AW50+	Hoff	Christy	Midwest Masters	0:23:33.00
6	AW50+	Mcadams	Victoria Lynne	e Unattached	0:26:22.23

## <u>AW60+</u>

Place	e Cat	Last	First	Club	Time
1	AW60+	Beck	Nancy	Midwest Masters	0:26:38.87

# <u>AW70+</u>

Place	Cat	Last	First	Club	Time
1	AW70+	Beam	Patricia	TEAM RVO	0:23:26.12

# <u>AWO</u>

Place	Cat	Last	First	Club	Time
1	AWO	Dust	Debbie	Met Life/Pony Shop	0:18:39.73
2	AWO	Thompson	Leigh	Vision Quest	0:18:56.57
3	AWO	Prinner	Jessica	ABD	0:19:16.01
4	AWO	Petro	Pascale	Project 5 Racing	0:20:31.94
5	AWO	Fraser	Tamara	XXX Racing-Athletico	0:21:17.74
6	AWO	Sides	Ginger	Project 5 Racing	0:22:31.57





### CM19-29

Place	Cat	Last	First	Club	Time
1	CM19-29	Zamora	Antonio	Team Jocelyns	0:19:48.00
2	CM19-29	Maye	Alex	Unattached	0:21:23.73
3	CM19-29	Markgraf	Adam	Unattached	0:21:57.30
4	CM19-29	Markgraf	Adam	Unattached	0:22:43.30

## <u>CM30-39</u>

Place	Cat	Last	First	Club	Time
1	CM30-39	Wozniakowski	Paul	Unattached	0:17:51.12
2	CM30-39	Platzke	Michael	Unattached	0:20:02.79
3	CM30-39	Bauer	Douglas	Village Cycle Sport	0:20:29.09
4	CM30-39	Koors	Dan	Unattached	0:21:31.09
5	CM30-39	Kramer	Michael	Unattached	0:21:40.20
6	CM30-39	Carrillo	Jose	Unattached	0:21:44.43
7	CM30-39	Jones	William	Chicago Tri Club	0:28:29.48

# <u>CM40-49</u>

Place	Cat	Last	First	Club	Time
1	CM40-49	Comiskey	Brian	Multisport Madness Triathlon Team	0:19:28.32
2	CM40-49	Lorenz	John	Unattached	0:20:17.79
3	CM40-49	Kaminski	John		0:20:18.23
4	CM40-49	Bauer	Douglas	Village Cycle Sport	0:21:02.07
5	CM40-49	Finch	Harold	Unattached	0:22:25.53
6	CM40-49	Peterson	Charles	Multipsort Madness Triathlon	0:22:35.32
7	CM40-49	Beauchamp	Randy	Unattached	0:23:50.95

## <u>CM50+</u>

Place	Cat	Last	First	Club	Time
1	CM50+	Faller	Fred	Unattached	0:20:12.43
2	CM50+	Kula	Gary	Downers Grove Bicycle Club	0:20:38.49
3	CM50+	Feigleson	Scott	Unattached	0:20:48.29
4	CM50+	Mckenzie	Craig	Downers Grove Bicycle Club	0:20:59.82
5	CM50+	Flad	Andy	Unattached	0:21:20.37
6	CM50+	Quackenbush	Dana	Unattached	0:21:29.52
7	CM50+	Rottmann	Edward	Unattached	0:21:47.94
8	CM50+	Kaiser	Greg	Unattached	0:23:48.97
9	CM50+	Kieronski	Eugene	Unattached	0:25:49.19

# <u>CW15</u>

Place	Cat	Last	First	Club	Time
1	CW15	Lorenz	Alexandra	Multisport Madness Triathlon Team	0:26:37.46

## <u>CW30-39</u>

Place	Cat	Last	First	Club	Time
1	CW30-39	Moe	Allison	ABD	0:23:14.54





### CW40-49

Place	Cat	Last	First	Club	Time
1	CW40-49	Gialdini	Kim	Downers Grove Bicycle Club	0:21:40.34
2	CW40-49	Kaiser	Helen	Unattached	0:23:05.51
3	CW40-49	Bock	Bethann	MSM	0:24:05.55
4	CW40-49	Miller	Lori	ABD	0:24:06.22

### Tandem

Place	Cat	Last	First	Club	Time
1	Tandem	Ratajczak	Tom/Robin		0:20:28.36
2	Tandem	Othick	Justin	Unattached	0:27:12.79

## Fastest Men

Place	Cat	Last	First	Club	Time
1	AM40+	Swartzendruber	Mark	Scarletfire Racing	0:16:20.81
2	AM1/2	Meyers	John	ABD	0:16:52.22
3	AM40+	Oliff	Reed	WDT-Allvoi International Cycling Team	0:17:10.21

## Fastest Women

Place	Cat	Last	First	Club	Time
1	AWO	Dust	Debbie	Met Life/Pony Shop	0:18:39.73
2	AWO	Thompson	Leigh	Vision Quest	0:18:56.57
3	AWO	Prinner	Jessica	ABD	0:19:16.01









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