



**2005 ABD Garden Prairie 40K Time Trial**  
**Sunday, June 12th, 2005**  
**PRELIMINARY RESULTS**  
 (posted 06/16/2005 @ 4:45pm)

(Garden Prairie, IL) Sunday's ABD 40K Time Trial saw a total of 149 participants challenge this flat to moderately rolling 40 kilometer time trial course. Congratulations to all the finishers and thanks to the many volunteers that helped make this ABD event a success. Race Day Conditions (10:00am): Temperature: 75 F Winds: South to SSW at 7 mph Humidity: 84% under Overcast Skies.

Please contact [Mike Ebert](mailto:mebert@prairiepathcycles.com) @ [mebert@prairiepathcycles.com](mailto:mebert@prairiepathcycles.com) if you have any questions regarding results.

## AM1/2

| Place | Rider Name    | Club          | Time     |
|-------|---------------|---------------|----------|
| 1     | Chris Strout  | Team Mack     | 56.14.55 |
| 2     | Jason Wagner  | Team Apache   | 56.44.90 |
| 3     | Rob Jungels   | ABD           | 59.29.02 |
| 4     | Terrence Metz | ABD           | 60.40.99 |
|       | Kevin Flowers | The Bike Shop | DNF      |

## AM-15

| Place | Rider Name   | Club          | Time     |
|-------|--------------|---------------|----------|
| 1     | Thomson Remo | Barabo Spokes | 71.11.17 |

## AM15+

| Place | Rider Name   | Club | Time     |
|-------|--------------|------|----------|
| 1     | Theo Quednau | ABD  | 73.31.14 |

## AM3

| Place | Rider Name        | Club                    | Time         |
|-------|-------------------|-------------------------|--------------|
|       | Brock Webb        | Team Mack               | 57.21.16     |
|       | Kelly Sparks      | Proctor                 | 59.00.03     |
|       | Dan Madsen        | Team Mack               | 59.27.91     |
|       | Bradley Tisdahl   | Project 5               | 60.29.45     |
|       | Travis Goodlund   | Stoton Cycle            | 61.38.86     |
|       | Joel Molitor      | ABD                     | 63.02.22     |
|       | Scott Hockenberry | The Bike Shop/ Tin Fish | 63.06.19     |
|       | Jim Flanagan      |                         | 64.17.61     |
|       | Roger Brand       | Mojo Multi Sports       | 66.13.35     |
|       | Ben Zachwieja     |                         | 75.04.47     |
|       | Scott Ligocki     | ABD                     | Under Review |

## AM30+

| Place | Rider Name       | Club        | Time     |
|-------|------------------|-------------|----------|
| 1     | Morgar Wiswall   |             | 56.45.15 |
| 2     | Jim Saplis       | Team Apache | 60.28.22 |
| 3     | Dean Hewson      |             | 62.35.94 |
| 4     | Rob Jungels      | ABD         | 65.46.63 |
| 5     | Richard Mstowski | ABD         | 83.18.82 |



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## AM4

| Place | Rider Name           | Club                   | Time     |
|-------|----------------------|------------------------|----------|
| 1     | Doug Peterson        | Team Mack              | 58.48.67 |
| 2     | Matt Novak           | South Chicago Wheelmen | 59.38.06 |
| 3     | Benjamin Widoff      | Hawaiian Pedals        | 60.46.45 |
| 4     | Michael Stevens      | Team Mack              | 61.35.16 |
| 5     | Ron Cook             | ABD                    | 61.41.34 |
| 6     | Chris Jorgensen      | ABD                    | 62.29.03 |
| 7     | Patrick Myers        | UCVC                   | 63.45.95 |
| 8     | Daniel Douglas       | Team Apache            | 64.08.94 |
| 9     | Robert Hawco         | ABD                    | 64.46.27 |
| 10    | Paul Ellsworth       | ABD                    | 65.07.12 |
| 11    | Dave LaRue           | ABD                    | 65.20.22 |
| 12    | Mike Redlich         | ABD                    | 65.34.99 |
| 13    | Mark Tanka           | KHS Bicycles           | 66.02.51 |
| 14    | Keith Thompson       |                        | 66.04.38 |
| 15    | Lance Hubacher       | ABD                    | 66.38.59 |
| 16    | Gary Rulo            | ABD                    | 67.01.96 |
| 17    | Paulo Cairoli        | North Branch           | 67.49.50 |
| 18    | David Ingham         |                        | 67.52.77 |
| 19    | Gary Peterson        | Team Apache            | 69.03.86 |
| 20    | Oz Ozguc             | ABD                    | 69.07.52 |
| 21    | Steven Nordstrom     | Wheelfast              | 69.16.02 |
| 22    | Jim Lund             | ABD                    | 69.30.33 |
| 23    | Voytek Glinkowski    |                        | 69.34.04 |
| 24    | Jeff Clarkin         | UA                     | 69.41.46 |
| 25    | Ken Letkema          | UA                     | 70.04.80 |
| 26    | Earl Begeman         | ABD                    | 71.11.82 |
| 27    | Mark Hanna           | Apache                 | 71.34.35 |
| 28    | Richard Mstowski     | ABD                    | 71.40.91 |
| 29    | Michael Wozniak      | XXX Racing/Athletico   | 72.10.05 |
| 30    | Gustavo Vaz Da Costa | North Branch           | 73.06.69 |
| 31    | Matthew Dec          |                        | 94.50.93 |
|       | Jim Scott            | Team Apache            | DNF      |
|       | John Fitzgerald      |                        | DNS      |

## AM40+

| Place | Rider Name      | Club                    | Time     |
|-------|-----------------|-------------------------|----------|
| 1     | Doug McLerran   | Turin                   | 59.32.82 |
| 2     | Steve Moore     |                         | 59.48.45 |
| 3     | James Kambol    | VCR                     | 59.52.69 |
| 4     | Jeffrey Boldt   |                         | 60.43.58 |
| 5     | Ludwig Montfort |                         | 61.36.02 |
| 6     | Ron Mattson     | Momentum Bikes          | 61.44.36 |
| 7     | Loch Miwa       |                         | 61.51.07 |
| 8     | Andrew Tschampa |                         | 63.47.60 |
| 9     | Zbigniew Demel  | Redline Racing          | 64.15.58 |
| 10    | Brian Van       | Team Mack               | 67.18.28 |
| 11    | Dave Loes       | ABD                     | 68.35.76 |
| 12    | Mark Ackerman   | The Bike Shop/ Tin Fish | 69.38.68 |
| 13    | Randy Scott     | Revelation Cycling      | 70.12.67 |
| 14    | Richard Kryszak | South Chicago Wheelmen  | 72.04.41 |
| 15    | Chris Wilson    | Team Mack               | 72.45.25 |
|       | Robert Witt     |                         | DNS      |
|       | Romas Pencyla   |                         | DNS      |
|       | Jerry Porter    |                         | DNS      |



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**AM50+**

| Place | Rider Name         | Club              | Time     |
|-------|--------------------|-------------------|----------|
| 1     | Paul Mehlenbeck    | Team Wisconsin    | 59.39.16 |
| 2     | Gary Campbell      | ABD               | 59.47.76 |
| 3     | Charlie Thalheimer | Team BBC          | 60.14.52 |
| 4     | Richard Kreuzfeldt | VisionQuest       | 61.08.13 |
| 5     | David Goetzinger   |                   | 61.22.34 |
| 6     | Dan Madsen         | Team Mack         | 64.56.86 |
| 7     | Mario Maiorano     | ABD               | 65.48.94 |
| 8     | James Roth         | Wheelfast         | 69.07.16 |
| 9     | Julian Coupland    | Alberto's Sports  | 69.34.37 |
| 10    | Tom Gallagher      |                   | 69.42.47 |
| 11    | Bill Kallas        | ABD               | 70.39.37 |
| 12    | Greg Iverson       | Turin             | 74.38.72 |
| 13    | John Rodino        | ABD               | 75.00.73 |
| 14    | Robert Wolowiec    |                   | 76.25.78 |
| 15    | Alan Stern         | Velo Club Roubaix | 79.07.04 |
| 16    | Terry Cerwin       | ABD               | 80.42.06 |
|       | Richard Kreuzfeldt |                   | DNF      |

**AM60+**

| Place | Rider Name         | Club               | Time     |
|-------|--------------------|--------------------|----------|
| 1     | Ken Roanhaus       | Team Wisconsin     | 59.28.46 |
| 2     | Chuck Naughton     | Team Mack          | 63.35.49 |
| 3     | Dick Weiss         | Verge Gear         | 65.02.86 |
| 4     | Gene Nozicka       |                    | 65.10.31 |
| 5     | John Risinger      | UA                 | 66.38.88 |
| 6     | Jim Stewart        | Trek Bicycle Store | 68.25.73 |
| 7     | Steven Ostrofsky   |                    | 74.26.35 |
| 8     | Hank Vogel         | Lighting Bolt      | 74.47.73 |
| 9     | Garry McGovern     | Redline Racing     | 74.53.51 |
| 10    | Rich Kuhlman       | VisionQuest        | 76.34.32 |
| 11    | Peter Turula       | Elmhurst Bike      | 77.03.81 |
| 12    | William F. Michaux | ABD                | 77.44.62 |
| 13    | Werner Tyczka      | UA                 | 78.06.19 |

**AM65-69**

| Place | Rider Name      | Club            | Time     |
|-------|-----------------|-----------------|----------|
| 1     | David Thomsen   | Atkins          | 63.26.64 |
| 2     | Peter Alexander | Midwest Masters | 66.24.97 |
| 3     | Robert Burns    | Team Mack       | 68.42.31 |
| 4     | Jack Patterson  | Midwest Masters | 73.28.67 |
| 5     | Robert Herbert  | Midwest Masters | 74.39.60 |
| 6     | John Krehbiel   | Midwest Masters | 78.19.03 |

**AM70+**

| Place | Rider Name     | Club                   | Time     |
|-------|----------------|------------------------|----------|
| 1     | Pat Murphy     | ABD                    | 76.46.47 |
| 2     | Raymond Putnam | Gulf Coast Racing Team | 78.42.93 |

**AW-15**

| Place | Rider Name      | Club | Time     |
|-------|-----------------|------|----------|
| 1     | Jessica Prinner | ABD  | 73.01.01 |



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### AW16+

| Place | Rider Name      | Club | Time     |
|-------|-----------------|------|----------|
| 1     | Stephanie Runge |      | 82.20.18 |

### AW4

| Place | Rider Name       | Club                 | Time     |
|-------|------------------|----------------------|----------|
| 1     | Rhea Begeman     | ABD                  | 69.22.71 |
| 2     | Lisa Worthington |                      | 70.37.96 |
| 3     | Emily Macdonald  | XXX Racing/Athletico | 71.46.46 |
| 4     | Julie DeMaar     | ABD                  | 72.58.35 |
| 5     | Joy Houser       | ABD                  | 73.24.53 |
| 6     | Anna Robinson    |                      | 74.51.01 |
| 7     | Carolyn Atwood   | MIT Cycle            | 74.55.31 |
| 8     | Cecile Redoble   | XXX Racing/Athletico | 76.05.48 |
| 9     | Sarah Boyne      | ABD                  | 76.38.45 |
| 10    | Imelda March     | XXX Racing-Athletico | 77.13.00 |
| 11    | Jessica Tschampa |                      | 79.52.41 |
| 12    | Nhu Ly           | ABD                  | 83.53.45 |
|       | Pam Kassner      | Tri Wisconsin        | DNS      |

### AW40+

| Place | Rider Name    | Club           | Time     |
|-------|---------------|----------------|----------|
| 1     | Daine Roahaus | Team Wisconsin | 64.30.18 |
| 2     | Peggy Badgett | ABD            | 70.43.70 |
| 3     | Jenny Cerwin  | ABD            | 76.16.45 |

### AWO

| Place | Rider Name             | Club              | Time     |
|-------|------------------------|-------------------|----------|
| 1     | Tara Sheetz            | UA                | 62.20.35 |
| 2     | Catherine Burnham      | Mercy/Specialized | 66.07.58 |
| 3     | Cynthia Pike-Bieganski | Luna Cycle        | 73.34.88 |
| 4     | Sherri Richards        | ABD               | 75.33.20 |

### CM19-29

| Place | Rider Name       | Club | Time     |
|-------|------------------|------|----------|
| 1     | William Robinson | UA   | 74.06.81 |

### CM30-39

| Place | Rider Name        | Club | Time     |
|-------|-------------------|------|----------|
| 1     | Edward Stygar     |      | 64.15.62 |
| 2     | Jim Uemura        |      | 69.53.44 |
| 3     | Michael Bieberitz | UA   | 70.01.94 |
| 4     | Brian Hildreth    | ABD  | 73.39.89 |



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**CM40-49**

| Place | Rider Name    | Club          | Time     |
|-------|---------------|---------------|----------|
| 1     | David Read    | The Bike Shop | 64.21.44 |
| 2     | Jeff Larson   | UA            | 67.10.14 |
| 3     | Steve Bielski | ABD           | 68.21.85 |
| 4     | Ted Quednau   | ABD           | 70.42.72 |
| 5     | Jeff Knoil    |               | 73.52.77 |
| 6     | Steve Prinner | ABD           | 82.38.78 |

**CM50+**

| Place | Rider Name   | Club | Time     |
|-------|--------------|------|----------|
| 1     | Joel Roth    | UCVC | 76.24.72 |
| 2     | Terry Leight |      | 77.34.93 |

**CW30+**

| Place | Rider Name | Club | Time     |
|-------|------------|------|----------|
| 1     | Kim Fisher |      | 83.37.04 |

**CW40-49**

| Place | Rider Name    | Club | Time     |
|-------|---------------|------|----------|
| 1     | Kathleen Kent | UA   | 68.43.09 |



for more information on this and other Athletes By Design Cycle Club events, visit  
[www.prairiepathcycles.com/Athletes By Design/](http://www.prairiepathcycles.com/Athletes%20By%20Design/)