



ABD Indoor Time Trial Series VI: Race #4 Saturday, March 19th, 2005 FINAL RESULTS

Race Results are in for the 4th Race of the ABD Indoor Time Trial Series. Once again thanks to all the riders, volunteers, and sponsors for their valued support and in helping make the ABD Indoor Time Trial Series the longest running event of its kind in the United States.
Race Day Conditions: Temperature: 68 F Wind: none Terrain: Flat Race held Indoors at Wheaton Community Center, Wheaton, IL.

Please contact the Race Director with any comments or questions at abdpromo@prairiepathcycles.com

AM1/2

Place	Cat	Last	First	Club	Time
1	AM1/2	Letzel	Tom	Redline Racing	14:12.87
2	AM1/2	Mumford	Reid	ABD	14:13.92
3	AM1/2	Jungels	Rob	ABD	15:13.46
4	AM1/2	Boyd	Scott	ABD	15:33.61
	AM1/2	Metz	Terrance	ABD	DNS

AM-15

Place	Cat	Last	First	Club	Time
1	AM-15	Quednau	Theo	ABD	18:40.32
2	AM-15	Bowden	Alex		18:58.40

AM-15-5k

Place	Cat	Last	First	Club	Time
1	AM-15-5k	Miwa	Stephen	Team Apache	11:07.12
2	AM-15-5k	Dickson	Carter		11:36.75
3	AM-15-5k	Novak	Alexander	S. Chicago Wheelmen	11:41.00
4	AM-15-5k	Miwa	Michael	Team Apache	12:05.24
5	AM-15-5k	Kramer	Mikey		16:29.30

AM16+

Place	Cat	Last	First	Club	Time
1	AM16+	Radev	Svetlin	ABD	15:34.68
2	AM16+	Billingsley	Alex	ABD	16:48.32

AM3

Place	Cat	Last	First	Club	Time
1	AM3	Tisdahl	Brad	Project 5	14:35.54
2	AM3	Kinonen	Chris		14:55.31
3	AM3	Watterson	Kyle	ABD	14:55.65
4	AM3	Sparks	Kelly	Proctor	15:04.56
5	AM3	Hockenberry	Scott	The Bike Shop	15:58.70
6	AM3	Hagen	Mark	QuavR	15:59.92
	AM3	Brand	Roger	Mojo Multisports	DNS



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AM30+

Place	Cat	Last	First	Club	Time
1	AM30+	Sharis	Peter	Dice	13:30.70
2	AM30+	Sparks	Kelly	Proctor	14:15.56
3	AM30+	Saplis	Jim	Team Apache	14:39.95
4	AM30+	Westerheide	Ted		15:14.68
5	AM30+	Hilmer	John	Team Wisconsin	15:49.03
6	AM30+	Sommers	Richard		15:57.82
7	AM30+	Pac	Krystian		15:59.06
8	AM30+	Jungels	Rob	ABD	16:08.45
9	AM30+	Mstowski	Richard	ABD	16:11.46
10	AM30+	Grillo	Michael		17:31.17
11	AM30+	Januszewski	Michael	ABD	17:41.87
12	AM30+	Mstowski	Richard		17:50.17

AM4

Place	Cat	Last	First	Club	Time
1	AM4	Novak	Matt	S. Chicago Wheelmen	14:59.12
2	AM4	Westerheide	Ted		15:06.39
3	AM4	Scott	Jim		15:08.19
4	AM4	Daley	Andrew	XXX Racing	15:11.59
5	AM4	Sanders	Erik	Team Mack	15:17.18
6	AM4	Taylor	Mark	ABD	15:38.36
7	AM4	Sullivan	Brenden	ABD	15:43.22
8	AM4	Asmussen	Scott	Bicycle Club of Lake County	15:49.00
9	AM4	Goodwin	Eric	XXX Racing Athletico	15:49.04
10	AM4	Mstowski	Richard	ABD	15:54.53
11	AM4	Franklin	William		15:56.21
12	AM4	Hubacher	Lance	ABD	15:56.67
13	AM4	Mindeman	Jason	XXX Racing-Athletico	16:04.89
14	AM4	Pahl	Scott	Wheel Fast	16:05.10
15	AM4	Larue	David	ABD	16:06.20
16	AM4	Coll	Brian	Team Apache	16:10.82
17	AM4	Pac	Krystian		16:14.28
18	AM4	Suri	Mark	VCR	16:20.50
19	AM4	Convey	Kevin	QuavR	16:29.86
20	AM4	Kryszak	Richard		16:33.01
21	AM4	Parrish	Steve	ABD	16:34.96
22	AM4	Solberg	Mark		16:35.65
23	AM4	Riesterer	Philip	QuavR	16:39.17
24	AM4	Loes	David	ABD	16:41.51
25	AM4	Peterson	Gary	Team Apache	16:43.43
26	AM4	Glinkowski	Voytek	copy	16:45.62
27	AM4	Beamon	Stanley	Team Apache	17:11.93
28	AM4	Segura	Alberto		17:14.03
29	AM4	Jorgensen	Chris	ABD	17:14.03
30	AM4	Serrano	John	B.C. of Lake County	17:38.00
31	AM4	Mueller	Bill		17:40.15
32	AM4	Gurski	Wade	ABD	17:41.62
33	AM4	Hanna	Mark	Team Apache	17:45.34
34	AM4	Kenny	Tom		17:50.92
35	AM4	Yelen	John	Team Apache	18:11.14
36	AM4	Cannella	Jim		18:32.43
37	AM4	Piekos	Mitchell		19:02.06
	AM4	Nordstom	Steven	Wheel Fast	DNS
	AM4	Begeman	Earl		DNS
	AM4	Duffy	Timothy		DNS



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AM40+

Place	Cat	Last	First	Club	Time
1	AM40+	Rose	James	Redline Racing	14:49.72
2	AM40+	Kambol	James	VCR	14:53.08
3	AM40+	Miwa	Loch	Team Apache	15:00.56
4	AM40+	Broich	Gordon		15:07.64
5	AM40+	Host	James	The Bike Shop	15:08.18
6	AM40+	Starr	Jay	XXX Racing-Athletico	15:10.61
7	AM40+	Daley	Patrick		15:31.10
8	AM40+	Ackerman	Mark	The Bike Shop	15:46.79
9	AM40+	Demel	Zbigniew	Redline Racing	15:56.62
10	AM40+	Maylath	Lance	The Bike Shop/Tin Fish	16:02.31
11	AM40+	Kramer	Thomas	Team BBC	16:12.27
12	AM40+	Bowden	Scott		16:14.64
13	AM40+	Lyda	Carl		16:45.25
14	AM40+	Spila	Harry		17:08.84
15	AM40+	Montgomery	Douglas	IL Bike Racing School/The Bik	17:23.43
	AM40+	Kurtz	Michael	Get-A-Grip Cycles	DNS
	AM40+	Moore	Steve	Team Mack	DNS
	AM40+	Glinkowski	Voytek		DNS
	AM40+	Saha	Henry	Team BBC	DNS
	AM40+	Giafagliono	Michael		DNS
	AM40+	Flaherty	Tom		DNS
	AM40+	Henry	Joe		DNS
	AM40+	Mattson	Ronald	Momentum Bikes & Boards	DNS
	AM40+	Olson	Mark	VergeGear.com Midwest	DNS

AM50+

Place	Cat	Last	First	Club	Time
1	AM50+	Thalhiemer	Charlie	Arlington Flyers	15:05.62
2	AM50+	Hilmer	John	Team Wisconsin	15:17.15
3	AM50+	Campbell	Gary	ABD	15:22.18
4	AM50+	App	Ben	ABD	15:56.76
5	AM50+	Stern	Alan	velo club roubaix	16:15.28
6	AM50+	Vugrincic	Ched		16:16.62
7	AM50+	Ferguson	Terry	VCR	16:26.37
8	AM50+	Hawco	Robert	ABD	16:54.07
9	AM50+	Roth	Jim	Wheelfast	17:04.76
10	AM50+	Maiorano	Mario	ABD	17:18.01
11	AM50+	Kallas	Bill	ABD	17:21.50
12	AM50+	Iverson	Greg	Team Turin	17:36.06
13	AM50+	Cerwin	Terry	ABD	17:58.16
14	AM50+	Rodino	John	ABD	18:24.12
15	AM50+	Gallagher	Tom		18:26.23
16	AM50+	Janes	Don	ABD	18:53.81
17	AM50+	Hibbler	James		20:30.40

AM60+

Place	Cat	Last	First	Club	Time
1	AM60+	Yoder	Fred	ABD	16:44.20
2	AM60+	Holland	Steve		17:09.76
3	AM60+	McGovern	Gary	Redline Racing	17:25.87
4	AM60+	Naughton	Chuck	Team Mack	18:22.32
5	AM60+	Potylicki	Zbigniew	ABD	18:45.39
6	AM60+	Michaux	William	ABD	18:54.01
	AM60+	Trimble	John		DNS



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AM65+

Place	Cat	Last	First	Club	Time
1	AM65+	Alexander	Peter	Midwest Masters	17:20.28
2	AM65+	Beck	Bob	Midwest Masters	18:43.39
3	AM65+	Krehbiel	John	Midwest Masters	19:23.54
4	AM65+	Wachholz	Bill	ABD	19:26.25
5	AM65+	Englehorn	Gary		23:43.74

AM70+

Place	Cat	Last	First	Club	Time
1	AM70+	Murphy	Pat	ABD	17:30.28
2	AM70+	Beam	Gerald	Lightingbolt	19:13.06
3	AM70+	McKeague	Robert	Unattached	21:16.22

AW-15

Place	Cat	Last	First	Club	Time
1	AW-15	Prinner	Jessica	ABD	18:56.75
2	AW-15	Halloran	Megan		20:01.12
3	AW-15	Dickson	Larkin		22:08.34
	AW-15	Deanne	Erin	Multisport Madness Kids	DNS
	AW-15	Lapeta	Meghan	QuavR	DNS
	AW-15	Tonner	Mary	Multisport Madness Kids	DNS

AW-15-5k

Place	Cat	Last	First	Club	Time
1	AW-15-5k	Convey	Micaela	QuavR	10:29.00
2	AW-15-5k	Miwa	Eilsabeth	Team Apache	12:09.54

AW16+

Place	Cat	Last	First	Club	Time
	AW16+	Lapeta	Eileen	QuavR	DNS

AW4

Place	Cat	Last	First	Club	Time
1	AW4	Sides	Ginger	Team Apache	16:47.01
2	AW4	MacDonald	Emily	XXX Racing	17:12.00
3	AW4	Tubic	Maya		17:17.42
4	AW4	Busch	Jennifer	ABD	18:21.62
5	AW4	Duncan	Pam	ABD	18:46.23
6	AW4	Kenny	Gina	ABD	18:46.84
7	AW4	Kuna	Mona	ABD	19:15.65
8	AW4	Ly	Nhu	ABD	19:56.23
9	AW4	Henderseon	Danielle	XXX Racing-Athletico	20:07.70
10	AW4	March	Imelda	XXX Racing	20:38.14
11	AW4	Redoble	Cecile	XXX Racing	20:56.43
12	AW4	Glissman-Paul	Mary	Bicycle Club of Lake County	20:57.62
13	AW4	Oehman	Liz		23:19.00
	AW4	Begeman	Rhea		DNS
	AW4	Houser	Joy		DNS
	AW4	Keller	Shelley		DNS
	AW4	Demar	Julie	ABD	DNS



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AW40+

Place	Cat	Last	First	Club	Time
1	AW40+	Schmidt	Heidi		17:12.12
2	AW40+	Cerwin	Jennifer	ABD	19:33.32
	AW40+	Dunn	Lori	Team Apache	DNS
	AW40+	Upshaw	June	Team BBC	DNS

AW60+

Place	Cat	Last	First	Club	Time
1	AW60+	Beam	Patricia	Lightingbolt	17:47.46
2	AW60+	Beck	Nancy	Midwest Masters	19:41.15
	AW60+	Childress	Kay		DNS

AWO

Place	Cat	Last	First	Club	Time
1	AWO	Richards	Sherri	ABD	17:58.96
2	AWO	Cisler	Barbara		19:20.03
	AWO	Klemko	Natalie		DNS

CM-15

Place	Cat	Last	First	Club	Time
1	CM-15	Bird	James		20:32.56

CM-15-5K

Place	Cat	Last	First	Club	Time
1	CM-15-5K	Miller	Henry	Multisport Madness Kids	14:57.00
2	CM-15-5K	Miller	Charles	Multisport Madness Kids	17:11.00

CM30-39

Place	Cat	Last	First	Club	Time
1	CM30-39	Ozguc	Oz		16:06.48
2	CM30-39	Allen	Peter		16:24.84
3	CM30-39	Quirk	James		16:57.90
4	CM30-39	Hemmingner	Alan		17:34.35
5	CM30-39	Duralovic	Sead		19:20.98
6	CM30-39	Mouline	Karim	Elmhurst Bicycle Club	19:39.10



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CM40-49

Place	Cat	Last	First	Club	Time
1	CM40-49	Conway	Bernie		15:59.12
2	CM40-49	Lewandowski	Jim	Quavr	16:00.87
3	CM40-49	Redlich	Michael	ABD	16:13.93
4	CM40-49	Sosnowski	Kenneth		16:21.45
5	CM40-49	Zelewsky	Paul		16:22.29
6	CM40-49	Schneider	Tom		16:25.40
7	CM40-49	Quednau	Ted	ABD	16:35.89
8	CM40-49	Billingsley	Kent		16:49.21
9	CM40-49	Rulo	Gary	ABD	16:51.25
10	CM40-49	Bielski	Steven	ABD	16:53.71
11	CM40-49	Cardinal	Timothy		16:59.45
12	CM40-49	Garlock	Mark		17:04.57
13	CM40-49	Tyson	Greg	QuavR	18:22.93
14	CM40-49	McGrath	Joe		18:56.78
	CM40-49	Sosnowski	Kenneth		DNS
	CM40-49	Laubacher	Mark		DNS
	CM40-49	Guzman	Jeff	ABD	DNS

CM50+

Place	Cat	Last	First	Club	Time
1	CM50+	Pedrick	Tom	ABD	16:00.92
2	CM50+	Rottmann	Edward		16:40.87
3	CM50+	Parker	Steve		16:49.23
4	CM50+	Theodore	Bob		17:37.09
5	CM50+	Domingo	Virgil		18:32.40
6	CM50+	George	Douglas		19:42.39
7	CM50+	Bryenton	Ron		19:46.53
	CM50+	Rhyne	Edward		DNS

CW30-39

Place	Cat	Last	First	Club	Time
1	CW30-39	Slikas	MJ		17:54.96
2	CW30-39	Panganiban	Anita	Flying Carp	20:31.44
3	CW30-39	Koch	Angela		21:33.42
	CW30-39	Doi	Elsa		DNS

CW40-49

Place	Cat	Last	First	Club	Time
	CW40-49	Larue	Nancy	ABD	DNS

CW50+

Place	Cat	Last	First	Club	Time
1	CW50+	Barr	Barbara		17:43.01
2	CW50+	De Souza	Katherine		22:01.15
3	CW50+	Dima	Deb		24:40.92



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Top Men

Place	Cat	Last	First	Club	Time
1	Top Men	Sharis	Peter (AM30+)	Dice	13:30.70
2	Top Men	Letzel	Tom (AM1/2)	Redline Racing	14:12.87
3	Top Men	Mumford	Reid (AM1/2)	ABD	14:13.92

Top Women

Place	Cat	Last	First	Club	Time
1	Top Women	Sides	Ginger (AW4)	Team Apache	16:47.01
2	Top Women	MacDonald	Emily (AW4)	XXX Racing	17:12.00
3	Top Women	Schmidt	Heidi (AW40+)		17:12.12



for more information on this and other Athletes By Design Cycle Club events, visit
[www.prairiepathcycles.com/Athletes By Design/](http://www.prairiepathcycles.com/Athletes%20By%20Design/)