



**John Fraser Memorial 10-Mile TT - the Final Stage of the ABD Indoor Time Trial Series**  
**Sunday April 9th, 2006**  
**FINAL RESULTS**

More than 300 participants signed up for this year's John Fraser Memorial 10-Mile Time Trial! Congratulations to all of the participants and a big round of applause for all the volunteers that helped this event go off without a hitch. Race Day Conditions (11:00am): Sunny; Temperature: 50 F; Wind: SW @ 6mph; Humidity 35%; Barometric Pressure: 30.27 in Terrain: Flat Race held at Maple Park, IL  
 Please contact [Mike Ebert](mailto:mebert@prairiepathcycles.com) @ [mebert@prairiepathcycles.com](mailto:mebert@prairiepathcycles.com) if you have any questions regarding results.

## Recumbent

Place	Cat	Last	First	Club	Time
1	Recumbent	Arial	Alan	Low Boy Racing	21:29.44
2	Recumbent	Beauchamp	Warren	Recumbents.com	22:25.70
3	Recumbent	Costin	Sean	WISIL	22:53.45
4	Recumbent	Nicodemus	Richard	Unattached	25:52.86
5	Recumbent	Boettner	David	Unattached	25:55.26

## Tandem

Place	Cat	Last	First	Club	Time
1	Tandem	Serrano	John	BC of Lake County	31:02.90

## Tandem M40+

Place	Cat	Last	First	Club	Time
1	Tandem M40+	Rose/Woloszyn	James/Gene	Redline Racing	23:05.67

## Unknown

Place	Cat	Last	First	Club	Time
	Unknown	Hosters	Mrs. (?)	Vision Quest	DNS

## AM1/2

Place	Cat	Last	First	Club	Time
1	AM1/2	Mumford	Reid	ABD	19:50.41
2	AM1/2	Mead	Bryce	ABD	19:57.72
3	AM1/2	Sparks	Kelly	Indy Velo/Team Delta	20:27.31
4	AM1/2	Tisdahl	Brad	Project 5 Racing	21:12.29
5	AM1/2	Mosora	Christopher	Indy Velo/Team Delta	21:47.06
6	AM1/2	Jungels	Rob	ABD	22:05.28
7	AM1/2	Puffer	John	ABD	23:04.05
8	AM1/2	Stephens	Kevin	Project 5 Racing	23:29.59
	AM1/2	Anderson	Edward	2CC	DNS
	AM1/2	Wagner	Jason	Spring Rock CC / Pearl Izumi	DNS

## AM15

Place	Cat	Last	First	Club	Time
1	AM15	Bird	James	Smart Cycling	24:59.46
2	AM15	Boyle	William	Blackhawk Bicycle & Ski Club	26:02.10
3	AM15	Remo	Thomson	Baraboo Sharks	26:06.35
4	AM15	Novak	Alexander	South Chicago Wheelmen	36:47.45
5	AM15	Redlich	MJ	ABD	39:34.82
6	AM15	Novak	Adam	South Chicago Wheelmen	55:23.77
	AM15	Crane	Joshua	ICCC	DNS



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### AM16+

Place	Cat	Last	First	Club	Time
1	AM16+	Quednau	Theo	ABD	25:08.56
2	AM16+	Billingsley	Alex	ABD	26:16.03

### AM3

Place	Cat	Last	First	Club	Time
1	AM3	Novak	Matt	Team Clif Bar Midwest	21:22.72
2	AM3	Westerheide	Ted	2CC	21:29.05
3	AM3	Bice	Curtis	Team Mack	22:05.59
4	AM3	Goodwin	Eric	Team Clif Bar Midwest	22:16.90
5	AM3	Scott	James	Team Apache	22:19.22
6	AM3	Bird	Jeff	ABD	22:33.11
7	AM3	Harrison	Jerome	Planet X	22:37.23
8	AM3	Flanagan	Jim	Unattached	22:45.49
9	AM3	Peterson	Doug	Team Mack	22:53.45
10	AM3	March	Demian	Redline Racing	23:03.50
11	AM3	Soltis	Christopher	Project 5 Racing	23:17.13
12	AM3	Maylath	Lance	Project 5 Racing	23:23.80
13	AM3	Hockenberry	Scott	The Bike Shop/Tin Fish	23:42.34
14	AM3	Mindeman	Jason	Team Clif Bar Midwest	24:00.29
15	AM3	Molitor	Joel	ABD	24:09.93
16	AM3	McGraw	Terrence	ABD	24:23.94
17	AM3	Larue	David	ABD	25:35.38

### AM30+

Place	Cat	Last	First	Club	Time
1	AM30+	Wagner	Jason	Spring Rock CC / Pearl Izumi	20:35.90
2	AM30+	Sparks	Kelly	Indy Velo/Team Delta	20:45.50
3	AM30+	Letzel	Thomas	Bicicleta/Met Life	21:53.99
4	AM30+	Jungels	Rob	ABD	22:11.45
5	AM30+	Demel	Zbigniew	Redline Racing	23:13.61
6	AM30+	Stewart	Matthew	Revolution Cycling Center	23:33.31
7	AM30+	Pac	Krystian	LOT Polish Airlines	24:35.93
8	AM30+	Johnson	Doug	Team Apache	24:37.14
9	AM30+	Meshberg	Jason	Unattached	25:06.32
10	AM30+	Hildreth	Brian	ABD	26:08.36
11	AM30+	Balfe	Edward	ABD	26:38.24
12	AM30+	Sielski	Brian	Team Apache	27:09.93
	AM30+	Ginsberg	David	Unattached	DNS



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Midwest Time Trial Association



### AM4

Place	Cat	Last	First	Club	Time
1	AM4	Paradis	Matthew	QuavR	22:50.22
2	AM4	Vandeven	Steven	ABD	23:07.78
3	AM4	Sullivan	Brenden	ABD	23:39.42
4	AM4	Parrish	Steve	ABD	23:43.90
5	AM4	Coll	Brian	Team Apache	23:53.66
6	AM4	Zelewsky	Paul	ABD	24:03.02
7	AM4	Bobka	Joe	Spin Doctor Cyclewerks CC	24:06.12
8	AM4	Ozguc	Oz	ABD	24:08.08
9	AM4	Sneddon	James	ABD	24:14.82
10	AM4	Bloomfield	Jeff	ABD	24:24.12
11	AM4	Van Maldegiam	Scott	Spin Doctor Cycle Works	24:28.72
12	AM4	Rulo	Gary	ABD	24:29.98
13	AM4	Glinkowski	Voytek	LOT Polish Airlines	24:31.73
14	AM4	Kusal	Longin	Unattached	24:32.97
15	AM4	Ellsworth	Paul	ABD	24:35.44
16	AM4	Pac	Krystian	LOT Polish Airlines	24:39.00
17	AM4	Dehmlow	Steven	Unattached	24:39.98
18	AM4	McCarthy	Brian	South Chicago Wheelmen	24:40.89
19	AM4	Sinderson	Mark	Spin Doctor Cycle Works	24:43.28
20	AM4	Duffy	Timothy	Velo Club Roubaix	24:45.21
21	AM4	Pratt	Stewart	XXX Racing-Athletico	24:47.11
22	AM4	Arntzen	Erik	Alberto's Sport	24:51.24
23	AM4	Peterson	Gary	Team Apache	25:01.19
24	AM4	Chioda	Gary	Team Apache	25:01.94
25	AM4	Mowett	Michael	Cycling Saddlemen	25:16.59
26	AM4	Flehsig	Jim	ABD	25:28.34
27	AM4	Lewandowski	Jim	Quavr	25:32.66
28	AM4	Chiapetta	James	ABD	25:34.56
29	AM4	Reid	Brad	Team Mack	25:42.76
30	AM4	Egan	Tom	ABD	25:44.75
31	AM4	Allen	Peter	XXX Racing-Athletico	25:48.20
32	AM4	Myklatun	Magnus	ABD	25:53.93
33	AM4	Peykov	Ivan	Unattached	26:10.76
34	AM4	Hildreth	Brian	ABD	26:13.06
35	AM4	Beamon	Stanley	Team Apache	26:14.12
36	AM4	Nozicka	Gene	Alberto's Sport	26:14.65
37	AM4	Lowry	Benny	ABD	26:32.61
38	AM4	Nanni	Peter	Unattached	26:47.06
39	AM4	Billingsley	Kent	ABD	26:47.77
40	AM4	Piekos	Mitchell	The Bike Shop/Tin Fish	26:52.14
41	AM4	Bovey	Tim	Unattached	27:12.26
42	AM4	Schlicher	Jim	Team Apache	27:32.19
43	AM4	Sponholz	Paul	Project 5 Racing	28:08.67
44	AM4	Banzen	James	Unattached	28:34.42
45	AM4	Westby	Nathan	Unattached	29:20.12
46	AM4	Pahl	Scott	ABD	DNF
47	AM4	Morris	Martin	Unattached	DNF
	AM4	Pineda	Albeiro		DNS
	AM4	Crane	Steven	Spin Doctor Cyclewerks CC	DNS
	AM4	Franklin	William	Unattached	DNS



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### AM40+

Place	Cat	Last	First	Club	Time
1	AM40+	Westerheide	Ted	2CC	21:28.31
2	AM40+	Mallan	Josh	Unattached	21:37.26
3	AM40+	Kambol	James	Velo Club Roubaix	22:01.15
4	AM40+	Saplis	Jim	Team Apache	22:42.55
5	AM40+	Bird	Jeff	ABD	22:49.87
6	AM40+	Mattson	Ronald	Freeport Bicycle Co.	22:56.04
7	AM40+	Rose	James	Redline Racing	23:00.03
8	AM40+	Tschampa	Andrew	The Bike Shop/Tin Fish	23:06.99
9	AM40+	Norbeck	Dan	Unattached	23:10.25
10	AM40+	Flowers	Kevin	The Bike Shop/Tin Fish	23:23.95
11	AM40+	Fortelka	Robert	Unattached	23:29.14
12	AM40+	Van	Brian	Mack	23:36.99
13	AM40+	Arndt	Greg	Team Apache	24:08.24
14	AM40+	Bielski	Steven	ABD	24:33.57
15	AM40+	Ackerman	Mark	The Bike Shop/Tin Fish	25:01.56
16	AM40+	Mosiko	Mark	Bike Psychos	25:21.12
17	AM40+	Wilson	Chris		25:31.79
18	AM40+	Kryszak	Richard	South Chicago Wheelmen	25:41.25
19	AM40+	Witt	Bob	Midwest Masters	25:49.33
20	AM40+	Haji-Sheikh	Michael	Unattached	25:50.96
21	AM40+	Tamondong	Rom	Spring Rock CC / Pearl Izumi	25:55.33
22	AM40+	Ott	Dean	Unattached	25:56.51
23	AM40+	Mstowski	Richard	ABD	26:02.55
24	AM40+	Loes	David	ABD	26:42.85
25	AM40+	Yurcheshen	Mark	ABD	26:51.71
26	AM40+	Cannella	Jim	ABD	27:27.77
27	AM40+	Garlock	Mark	Unattached	27:42.13
28	AM40+	Gage	Steven	ABD	28:39.41
	AM40+	Sobon	George	LOT Polish Airlines	DNS
	AM40+	Penycla	Romas	WA	DNS
	AM40+	Pahl	Scott	ABD	DNS
	AM40+	Kurtz	Michael	Revolutions Masters	DNS
	AM40+	Hosters	Gary	Unattached	DNS
	AM40+	Spila	Harry	Unattached	DNS



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### AM50+

Place	Cat	Last	First	Club	Time
1	AM50+	Host	James	The Bike Shop/Tin Fish	22:04.45
2	AM50+	Madsen	Dan	Mack	22:18.03
3	AM50+	Kreutzfeldt	Richard	Vision Quest	22:41.92
4	AM50+	Thalhiemer	Charlie	Team BBC	22:42.39
5	AM50+	Rodgers	Rick	Unattached	22:54.27
6	AM50+	Hilmer	John	Hayes RPM	22:55.19
7	AM50+	Harris	Larry	2CC	22:57.77
8	AM50+	Green	Rick	Lightning Bolt	23:01.65
9	AM50+	Goetzinger	David	Chain Reaction Free Flight	23:09.96
10	AM50+	Kramer	Thomas	Team BBC	24:16.72
11	AM50+	Marshall	Bob	ABD	24:26.11
12	AM50+	Keefe	Preston	Unattached	24:43.89
13	AM50+	Arnet	Robert	ABD	24:51.40
14	AM50+	Roth	Jim	The Bike Shop/Tin Fish	25:08.27
15	AM50+	Starr	Jay	XXX Racing-Athletico	25:17.12
16	AM50+	Reid	Brad	Team Mack	25:25.23
17	AM50+	Woloszyn	Gene	Redline Racing	25:33.04
18	AM50+	Ferguson	Terry	Velo Club Roubaix	25:33.46
19	AM50+	Hawco	Robert	ABD	26:02.83
20	AM50+	App	Ben	ABD	26:06.65
21	AM50+	Coupland	Julian	Alberto's Sport	26:17.45
22	AM50+	Fry	Ken	ABD	26:21.36
23	AM50+	Cerwin	Terry	ABD	26:54.78
24	AM50+	Quick	Mike	Unattached	27:07.01
25	AM50+	Rodino	John	ABD	27:17.51
26	AM50+	Iverson	Greg	BBC	27:29.10
27	AM50+	Maiorano	Mario	ABD	28:02.65
28	AM50+	Wolowiec	Bob	Unattached	28:15.59
29	AM50+	Wierzbicki	Jan	ABD	28:44.51
30	AM50+	Stern	Alan	Velo Club Roubaix	29:50.18
31	AM50+	Janes	Don	ABD	30:11.11

### AM60+

Place	Cat	Last	First	Club	Time
1	AM60+	Roanhaus	Ken	Team Wisconsin	22:37.48
2	AM60+	Presti	Steven	Team Mack	24:14.99
3	AM60+	Stewart	Jim	Trek Bicycle Store of Madison	24:22.94
4	AM60+	Weiss	Richard	ABD	24:48.21
5	AM60+	Nozicka	Gene		25:29.68
6	AM60+	Kallas	Bill	ABD	25:59.37
7	AM60+	Naughton	Chuck	Team Mack	26:02.02
8	AM60+	Kuhlman	Rich	Vision Quest	26:58.72
9	AM60+	Potylicki	Zbignew	ABD	27:28.53
10	AM60+	Taylor	Eddie	Unattached	27:42.69
11	AM60+	Michaux	William	ABD	28:26.06
12	AM60+	Tyczka	Werner	Unattached	29:08.15
13	AM60+	Holland	Steve	Wheeling Wheelmen	29:09.84
14	AM60+	McGovern	Garry	Redline Racing	DNF



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### AM65+

Place	Cat	Last	First	Club	Time
1	AM65+	Alexander	Peter	Midwest Masters	25:13.12
2	AM65+	Goodger	William	Midwest Masters	25:26.26
3	AM65+	Krehbiel	John	Midwest Masters	29:02.82
4	AM65+	Wachholz	Billy	ABD	29:10.39

### AM70+

Place	Cat	Last	First	Club	Time
1	AM70+	Herbert	R.W.	Midwest Masters	27:04.89
2	AM70+	Simons	Richard	Unattached	27:20.71
3	AM70+	Murphy	Pat	ABD	27:49.93
4	AM70+	Beam	Gerald	Lightning Bolt	30:52.19

### AW15

Place	Cat	Last	First	Club	Time
	AW15	Crane	Kristina	ICCC	DNS

### AW-15

Place	Cat	Last	First	Club	Time
1	AW-15	Prinner	Jessica	ABD	26:47.17
2	AW-15	Halloran	Megan	Multisport Madness Kids	29:19.20

### AW16+

Place	Cat	Last	First	Club	Time
1	AW16+	Halloran	Stephanie	Multisport Madness Kids	29:50.70

### AW4

Place	Cat	Last	First	Club	Time
1	AW4	Hildebrand	Tammy	Rocket Dog Racing	25:04.77
2	AW4	DeMaar	Julie	ABD	28:04.46
3	AW4	Hill	Jennifer	Team Apache	28:25.30
4	AW4	Altenburg	Bridget	Unattached	28:37.84
5	AW4	Redoble	Cecile	XXX Racing-Athletico	28:58.50
6	AW4	Houser	Joy	ABD	29:07.26
7	AW4	Tappert	Susan	Unattached	30:34.82
8	AW4	Oehman	Liz	ABD	31:24.50
	AW4	Busch	Jennifer	ABD	DNS



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### AW40+

Place	Cat	Last	First	Club	Time
1	AW40+	Butzke	Mary Ann	Unattached	25:20.04
2	AW40+	Kief	Carolyn	Unattached	25:44.66
3	AW40+	Myslis	Mary	Endeavor	26:22.87
4	AW40+	Cerwin	Jennifer	ABD	27:11.30
5	AW40+	Badgett	Peggy	Freeport Bicycle Co.	27:11.96
6	AW40+	Arndt	Lisa	Team Apache	28:26.64
7	AW40+	Maday	Donna	ABD	28:45.05
8	AW40+	Roe	Mary	Team Apache	29:22.52
9	AW40+	Richards	Karen		32:02.50

### AW50+

Place	Cat	Last	First	Club	Time
1	AW50+	Roanhaus	Diane	Team Wisconsin	24:13.28
2	AW50+	Corbett	Kathleen	Midwest Masters	26:19.14
3	AW50+	McGuirk	Sheila	Midwest Masters	26:35.71
4	AW50+	Fagan	Mimi	Lightning Bolt	27:03.75

### AW60+

Place	Cat	Last	First	Club	Time
1	AW60+	Beam	Patricia	Lightning Bolt	28:16.36
2	AW60+	Beck	Nancy	Midwest Masters	31:38.72

### AWO

Place	Cat	Last	First	Club	Time
1	AWO	Peithman	Susan	ABD	24:29.79
2	AWO	Harrison	Jennifer	Planet X	24:30.97
3	AWO	Petro	Pascale	Apache	25:01.97
4	AWO	Talbot	Susan	Unattached	25:16.12
5	AWO	Palmquist	Christine	QuavR	25:20.71
6	AWO	Berrigan	Corie	ABD	25:30.99
7	AWO	Schliffe	Jennifer	Unattached	25:52.82
8	AWO	Heck	Vicki	ABD	27:58.02
9	AWO	Richards	Sherr	ABD	28:21.84
10	AWO	Meshberg	Kristen	Team Kenda Tire	28:31.97

### CM15

Place	Cat	Last	First	Club	Time
1	CM15	Kadowaki	Casey	Unattached	34:22.01

### CM-15

Place	Cat	Last	First	Club	Time
1	CM-15	Kanute	Ben	Multisport Madness Kids	27:49.55
2	CM-15	Kanute	Josh	Multisport Madness Kids	32:26.26



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### CM19-29

Place	Cat	Last	First	Club	Time
1	CM19-29	Beer	Seth	Unattached	23:10.09
2	CM19-29	Palmgren	James	Unattached	26:48.46
3	CM19-29	Palmgren	James	Unattached	27:07.84

### CM30-39

Place	Cat	Last	First	Club	Time
1	CM30-39	Wozniakowski	Paul	Unattached	22:58.08
2	CM30-39	Lanphier	Joel	Project 5 Racing	24:37.46
3	CM30-39	Lockhart	David	Unattached	24:57.01
4	CM30-39	Koors	Dan	Unattached	25:12.02
5	CM30-39	Culli	Jonathan	Unattached	25:18.12
6	CM30-39	Gehr	Tim	Unattached	25:27.85
7	CM30-39	O'Banion	Mark	Unattached	26:20.99
8	CM30-39	Langowski	David	Unattached	26:29.64
9	CM30-39	Martinez	Thomas	Brown Roaches	26:31.11
10	CM30-39	Middaugh	Steve	Unattached	27:13.25
11	CM30-39	Anelli	Leonard	QuavR	28:01.94
	CM30-39	Kostich	John	Unattached	DNS
	CM30-39	Asmussen	Scott	Bicycle Club of Lake County	DNS

### CM40-49

Place	Cat	Last	First	Club	Time
1	CM40-49	Kanute	Michael	Multisport Madness Kids	23:29.72
2	CM40-49	Will	Mike	Rocket Dog Racing	23:57.30
3	CM40-49	Quednau	Ted	ABD	24:01.68
4	CM40-49	Aitchison	Scott	Team Dawg	24:29.41
5	CM40-49	Skogley	David	Velo Club Roubaix	25:17.51
6	CM40-49	Dunne	John	Sabre Hockey	25:38.05
7	CM40-49	Kadowaki	Mark	UCVC	25:42.29
8	CM40-49	Hellweg	Brian	Unattached	25:58.62
9	CM40-49	Busteed	Todd	ABD	26:06.80
10	CM40-49	Ewbank	Michael	Unattached	26:28.65
11	CM40-49	Christiansen	Eric	Unattached	26:48.63
12	CM40-49	Vining	Daral	Unattached	27:24.43
13	CM40-49	Finch	Harold	Unattached	27:32.90
14	CM40-49	Underwood	Todd	ABD	28:02.25
15	CM40-49	Glinka	Kenneth	ABD	28:41.29
16	CM40-49	Trotter	Dave	Unattached	29:04.70
17	CM40-49	Halsall	Keith	Unattached	29:31.45
18	CM40-49	Schneider	Tom	Unattached	DNF





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## CM50+

Place	Cat	Last	First	Club	Time
1	CM50+	Schram	Mike	Unattached	24:55.54
2	CM50+	Rottmann	Edward	Unattached	25:54.04
3	CM50+	Theodore	Bob	Unattached	26:13.94
4	CM50+	King	Randy	QuavR	26:47.72
5	CM50+	Leight	Terry		27:01.09
6	CM50+	Dunn	Tom	Unattached	27:06.53
7	CM50+	George	Douglas	Unattached	27:14.43
8	CM50+	Tyson	Greg	QuavR	27:49.95
9	CM50+	Wostratzky	Don	Unattached	28:29.58
10	CM50+	Rhine	Edward	Unattached	28:51.57
11	CM50+	Van Camp	Dennis	Team Apache	29:41.63
12	CM50+	Kieronski	Eugene	Unattached	30:20.88
13	CM50+	Collins	John	ABD	31:07.98
14	CM50+	Pedrick	Tom	ABD	31:30.87

## CW16+

Place	Cat	Last	First	Club	Time
1	CW16+	McShane	Caitlin	Unattached	31:01.19

## CW30-39

Place	Cat	Last	First	Club	Time
1	CW30-39	Slikas	MJ	Team Apache	26:51.32
2	CW30-39	May	Angela	Evanston Bike Club	29:49.92

## CW40-49

Place	Cat	Last	First	Club	Time
1	CW40-49	Kanute	Eileen	Multisport Madness Kids	28:17.42
2	CW40-49	Stoner	Pamela	Unattached	29:35.45
3	CW40-49	Miller	Lori	ABD	29:47.95

## CW50+

Place	Cat	Last	First	Club	Time
1	CW50+	Moore	Julie	Unattached	29:16.23

## Fastest Men

Place	Cat	Last	First	Club	Time
1		Mumford	Reid (AM1/2)	ABD	19:50.41
2		Mead	Bryce (AM1/2)	ABD	19:57.72
3		Sparks	Kelly (AM1/2)	Indy Velo/Team Delta	20:27.31

## Fastest Women

Place	Cat	Last	First	Club	Time
1		Roanhaus	Diane (AW50+)	Team Wisconsin	24:13.28
2		Peithman	Susan (AWO)	ABD	24:29.79
3		Harrison	Jennifer (AWO)	Planet X	24:30.97



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## John Fraser Memorial 10-Mile TT

April 9th, 2006

Sponsored by Prairie Path Cycles and promoted by the ABD Cycle Club  
hosted by the fine residents of Maple Park, IL

Midwest Time Trial Association



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