



**2007 John Fraser Memorial 10-Mile Time Trial  
Sunday, April 1st, 2007**

**PRELIMINARY RESULTS** (posted 04/04/07 @ 7:20pm)

Today marked the conclusion of the ABD Indoor Time Trial and the start of the MATTs outdoor Time Trial season. Despite the thunderstorms that roared through the area lastnight, the whether cleared up enough to send off the 276 starters of today's race. Many thanks to all of the volunteers and congratulations to the competitors for some great efforts. Thanks, also, to the community of Maple Park for their support of today's race. Race day conditions (10:30am): Partly Cloudy skies and 59 degrees F; Wind SW @ 22mph; Humidity - 72%; Barometric Pressure 29.58in

Please contact [Mike Ebert](mailto:Mike Ebert) @ [ebert@abdcycling.com](mailto:ebert@abdcycling.com) if you have any questions regarding results.

## AM1/2

Place	Cat	Name	Club	Time
1	AM1/2	Reid Mumford	Kelly Benefit Strategies	20:35.19
2	AM1/2	Mike Ebert	ABD	22:19.98
3	AM1/2	Brett Stewart	ABD	22:47.88
4	AM1/2	Ted Westerheide	MetLife	22:53.39
5	AM1/2	Rob Jungels	ABD	23:37.66
6	AM1/2	Alexander Sharon	ABD	24:53.35
7	AM1/2	Mark Swartzendruber	Indy Velo/Team Delta	24:55.78
8	AM1/2	Dan Verner	Team Mack	25:17.23
9	AM1/2	Kevin Stephens	Project 5 Racing	25:32.44
	AM1/2	James Host	The Bike Shop/Tin Fish	DNF
	AM1/2	Ryan Baumann	ABD	DNS

## AM15

Place	Cat	Name	Club	Time
1	AM15	James Bird	ISCorp	26:43.56
2	AM15	Luke Verbus	Multisport Madness Kids	28:54.78
3	AM15	William Boyle	Team Mack	30:19.73
4	AM15	Henry Arndt	Team Apache	31:32.35
5	AM15	Nolan Dickson	Multisport Madness Kids	32:40.06

## AM15-5k

Place	Cat	Name	Club	Time
1	AM15-5k	Konrad Witt	ABD	35:36.21
2	AM15-5k	Graham Clark	ABD	39:13.22
3	AM15-5k	MJ Redlich	ABD	43:23.55
4	AM15-5k	Jacob Schilling	Team Mack	45:45.25

## AM16+

Place	Cat	Name	Club	Time
1	AM16+	Alex Bowden	ABD	25:39.84
2	AM16+	Theo Quednau	ABD	26:13.82
3	AM16+	Wylie Pfaltzgraf*	ABD	30:28.10
4	AM16+	Alex Billingsley	ABD	30:39.69
5	AM16+	Tyler Howland	Multisport Madness Kids	31:12.04
6	AM16+	Brendon Oliver	Multisport Madness	33:00.48
	AM16+	TJ Luby	ABD	DNS



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Midwest Time Trial Association



### AM3

Place	Cat	Name	Club	Time
1	AM3	Derric Ungaro	Team Mack	22:35.15
2	AM3	Jerome Harrison	Planet X	23:25.45
3	AM3	Paul Wozniakowski	Get A Grip Cycling	23:44.32
4	AM3	Mark Serafin	WDT	23:58.45
5	AM3	Brandon Dobnick	Team Apache	24:00.68
6	AM3	Loch Miwa	Team Apache	24:21.76
7	AM3	Lee Heaton	Team Get a Grip	24:23.17
8	AM3	Curtis Bice	Team Mack	24:27.82
9	AM3	Lance Maylath	Project 5 Racing	24:57.64
10	AM3	Joel Molitor	ABD	25:18.09
11	AM3	Doug Peterson	Team Mack	25:21.36
12	AM3	Scott Ligocki	ABD	25:43.70
13	AM3	Cory Hickman	Project 5 Racing	25:46.15
14	AM3	Jay Starr	XXX Racing-Athletico	26:05.14
15	AM3	Brian Coll	Team Apache	26:13.41
16	AM3	Steve Parrish	ABD	26:27.82
17	AM3	Michael Januszewski	ABD	26:46.66
18	AM3	Joe Farris	WDT	26:49.25
19	AM3	David Larue	ABD	26:49.58
20	AM3	Christopher Soltis	Project 5 Racing	26:54.00
21	AM3	Thomas Hasenauer	Mach Snell	27:21.60
22	AM3	Qi Yong	ABD	27:34.88
23	AM3	Michael Redlich	ABD	28:04.44
24	AM3	Carlos Garcia		28:17.83
25	AM3	Mark O'Banion	Unattached	28:46.44
26	AM3	Jason Pollack	QuavR	28:58.34
27	AM3	Sam Brower	ABD	32:02.87
28	AM3	Edward Bartley	Active Endeavors	33:19.32
	AM3	Jason Mindeman	Team Clif Bar Midwest	DNS

### AM30+

Place	Cat	Name	Club	Time
1	AM30+	Jason Wagner	Flatlandia Cycling Team	21:58.18
2	AM30+	Michael Zellmann	Team Mack	22:00.07
3	AM30+	Mark Swartzendruber	Indy Velo/Team Delta	23:19.06
4	AM30+	Rob Jungels	ABD	23:24.97
5	AM30+	Darin Steiner	RVO	24:40.86
6	AM30+	Ed Hickey	Great Dane Velo Club	24:41.54
7	AM30+	Thomas Hasenauer	Mach Snell	25:08.98
8	AM30+	James Soucie	Unattached	25:30.91
9	AM30+	Krystian Pac	Ola-Miodu-Mama-Dom.-Polska	26:33.84
10	AM30+	Michael Januszewski	ABD	27:11.60
11	AM30+	Mark Ackerman	The Bike Shop/Tin Fish	28:56.27
12	AM30+	Mark O'Banion	Unattached	29:15.09
13	AM30+	Richard Mstowski	ABD	31:21.96



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Midwest Time Trial Association



### AM4

Place	Cat	Name	Club	Time
1	AM4	Brian Dobes	The Bike Shop	23:11.47
2	AM4	Matthew Paradis	QuavR	24:30.45
3	AM4	Alex Bowden	ABD	24:34.77
4	AM4	Voytek Glinkowski	WDT	24:57.89
5	AM4	Robert Fortelka	ABD	25:06.18
6	AM4	James Sneddon	ABD	25:33.36
7	AM4	Robert Roop	North Branch Cycling Club	25:44.91
8	AM4	Bryan Dobes	The Bike Shop	25:45.25
9	AM4	Paul Zelewsky	ABD	26:13.68
10	AM4	Ryan Cooper	ABD	26:17.93
11	AM4	Erik Arntzen	Alberto's Sport	26:32.33
12	AM4	Maciej Kurka	WDT	26:36.37
13	AM4	Scott Lively	Spin Doctor Cycle Works	26:39.38
14	AM4	Jim Schlicher	Team Apache	26:48.11
15	AM4	Tom Greene	Spin Doctor Cyclewerks CC	26:49.60
16	AM4	Gary Peterson	Team Apache	26:53.12
17	AM4	Gary Rulo	ABD	27:09.10
18	AM4	Paul Ellsworth	ABD	27:12.48
19	AM4	Peter Allen	XXX Racing-Athletico	27:31.14
20	AM4	Chris Gola	WDT	27:31.67
21	AM4	Rob Schaller	Unattached	27:51.35
22	AM4	Bob Marshall	ABD	28:05.75
23	AM4	Jim Flechsig	ABD	28:09.23
24	AM4	Adam Lueken	WDT	28:15.19
25	AM4	Oz Ozguc	ABD	28:18.23
26	AM4	Jonathan Culli	Unattached	28:24.75
27	AM4	Jeff Bloomfield	ABD	28:42.58
28	AM4	James Lund	ABD	28:50.74
29	AM4	Steve Middaugh	ABD	29:19.96
30	AM4	David Skogley	Turin	29:21.31
31	AM4	John Westergaard	Unattached	29:23.66
32	AM4	Krystian Pac	Ola-Miodu-Mama-Dom.-Polska	29:24.77
33	AM4	Mitchell Piekos	The Bike Shop/Tin Fish	29:25.34
34	AM4	Keith Halsall	ABD	29:55.37
35	AM4	Brian Sielski	Team Apache	29:57.42
36	AM4	Gary Chioda	Team Apache	30:07.47
37	AM4	Scott Pahl	ABD	30:07.91
38	AM4	Edward Balfe	ABD	30:15.21
39	AM4	Alan Hemminger	Unattached	31:23.80
40	AM4	Brandon Skweres	ABD	31:28.56
41	AM4	Kent Billingsley	ABD	31:37.04
42	AM4	John Naill	ABD	32:58.78
43	AM4	Jeff Palmquist	QuavR	34:04.67
44	AM4	Steven Crane	Spin Doctor Cyclewerks CC	36:29.22
	AM4	Steven Dehmlow	Unattached	DNS
	AM4	Brian Hildreth	ABD	DNS
	AM4	Brenden Sullivan	ABD	DNS
	AM4	Benny Lowry	ABD	DNS
	AM4	Paul Sponholz	Project 5 Racing	DNS
	AM4	Sead Duranovic	Unattached	DNS
	AM4	Martin Morris	Unattached	DNS
	AM4	Reed Oliff	WDT	DNS
	AM4	Gene Nozicka	Alberto's Sport	DNS
	AM4	Matt Wenc	ABD	DNS



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### AM40+

Place	Cat	Name	Club	Time
1	AM40+	Francis Manford	M.O.B-U Build IT	21:05.58
2	AM40+	Michael Zellmann	Team Mack	21:55.93
3	AM40+	Mark Swartzendruber	Indy Velo/Team Delta	22:31.76
4	AM40+	Dan Norbeck	Unattached	23:27.69
5	AM40+	Dave Irion	Endure It!	23:29.44
6	AM40+	Andrew Tschampa	The Bike Shop/Tin Fish	24:06.08
7	AM40+	Ted Westerheide	MetLife	24:14.90
8	AM40+	Don Lowe	Team Mack	24:47.23
9	AM40+	Dan Verner	Team Mack	24:47.93
10	AM40+	Tom Altemus	Team RVO	25:14.92
11	AM40+	Brian Van	Mack	25:22.44
12	AM40+	Scott Bowden	ABD	25:49.25
13	AM40+	Todd Busted	ABD	25:52.07
14	AM40+	James Rose	Redline Racing	25:54.10
15	AM40+	Steven Gage	ABD	26:28.97
16	AM40+	Scott Hockenberry	The Bike Shop/Tin Fish	26:35.78
17	AM40+	Jim Saplis	Team Apache	26:42.76
18	AM40+	Bisi Tubic	Unattached	27:06.25
19	AM40+	Michael Haji-Sheikh	Unattached	27:20.01
20	AM40+	Bob Majcen		27:56.42
21	AM40+	Greg Arndt	Team Apache	28:01.77
22	AM40+	John Deifel	The Bike Shop/Tin Fish	28:10.71
23	AM40+	Randy Scott	Pactimo Cycling	28:42.93
24	AM40+	Jim Cannella	ABD	28:58.67
25	AM40+	Richard Mstowski	ABD	29:10.13
26	AM40+	Philip Delarosa		29:52.30
27	AM40+	Mark Misicko	Bike Psychos	30:31.42
28	AM40+	Randy Sonkin	Smart Cycle	34:29.58
	AM40+	Josh Mallan	MetLife	DNS
	AM40+	Mark Hsu	Team Mack	DNS
	AM40+	Brian McCrae	ABD	DNS
	AM40+	David Skogley	Turin	DNS
	AM40+	Thomas Schafer	Albertos	DNS
	AM40+	Gregory Francken	Team Wheaton Franciscan Heal	DNS
	AM40+	Michael Kurtz	Revolutions Masters	DNS



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### AM50+

Place	Cat	Name	Club	Time
1	AM50+	Richard Adamczyk	WDT	22:13.05
2	AM50+	James Host	The Bike Shop/Tin Fish	23:33.75
3	AM50+	Dan Madsen	Mack	24:27.75
4	AM50+	Bob Marshall	ABD	24:52.19
5	AM50+	Rich Green	Team RVO	25:03.27
6	AM50+	Joe Bobka	Spin Doctor Cyclewerks CC	25:25.65
7	AM50+	John Whalen	Team Apache	25:29.52
8	AM50+	Ronald Mattson	Freeport Bicycle Co.	25:43.51
9	AM50+	Steven Dehmlow	Unattached	26:04.08
10	AM50+	Richard Kreutzfeldt	2CC	26:15.21
11	AM50+	Charles Snyder	Unattached	26:36.72
12	AM50+	Gary Whalen	Team Apache	26:58.03
13	AM50+	Thomas Kramer	Team BBC	27:19.41
14	AM50+	Edward Elliot	North Branch Cycling Club	27:34.32
15	AM50+	Julian Coupland	Alberto's Sport	27:42.33
16	AM50+	Jay Starr	XXX Racing-Athletico	28:27.74
17	AM50+	John Rodino*	ABD	28:45.79
18	AM50+	Mike Papini	DICE	28:55.66
19	AM50+	Ken Fry	ABD	29:15.66
20	AM50+	Richard Kryszak	South Chicago Wheelmen	29:33.74
21	AM50+	Walter Stoops	Straight Up Cycling	30:29.48
22	AM50+	Douglas George	ABD	31:17.76
23	AM50+	Don Janes	ABD	33:16.56
24	AM50+	Bob Wolowiec	Unattached	33:20.50
25	AM50+	Terry Cerwin	ABD	35:41.37
26	AM50+	Alan Stern	Velo Club Roubaix	36:03.12
	AM50+	Preston Keefe	Unattached	DNF
	AM50+	John Hilmer	Hayes RPM	DNS
	AM50+	James Hibbler	ABD	DNS
	AM50+	Gordon Broich	ABD	DNS
	AM50+	David Goetzinger	Chain Reaction Free Flight	DNS
	AM50+	William Heun	ABD	DNS
	AM50+	Scott Feigleson	Unattached	DNS
	AM50+	Ben App	ABD	DNS

### AM60+

Place	Cat	Name	Club	Time
1	AM60+	Ken Roanhaus*	Team Wisconsin	23:15.96
2	AM60+	Jim Stewart	Trek Bicycle Store of Madison	27:28.65
3	AM60+	Gene Nozicka	Alberto's Sport	28:49.25
4	AM60+	Fred Yoder	ABD	30:54.37
5	AM60+	Tom Egan	ABD	30:55.84
6	AM60+	Bill Kallas	ABD	31:55.65
7	AM60+	Edward Rhyne	Unattached	33:18.96
8	AM60+	Jan Wierzbicki	ABD	35:15.65
	AM60+	Richard Proskurnicki	Redline Racing	DNS



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### AM65+

Place	Cat	Name	Club	Time
1	AM65+	Chuck Naughton	Team Mack	28:13.73
2	AM65+	Jack Patterson	Midwest Masters	30:00.68
3	AM65+	Steve Holland	Wheeling Wheelmen	35:12.79
	AM65+	Peter Alexander	Midwest Masters	DNS
	AM65+	William Michaux	ABD	DNS

### AM70+

Place	Cat	Name	Club	Time
1	AM70+	Bob Beck	Midwest Masters	28:19.13
2	AM70+	Pat Murphy	ABD	29:46.42
3	AM70+	Gerald Beam	Turin	40:18.64
	AM70+	R.W. Herbert	Midwest Masters	DNS

### AM80+

Place	Cat	Name	Club	Time
1	AM80+	Robert McKeague	Unattached	39:03.62

### AW15

Place	Cat	Name	Club	Time
1	AW15	Lane Dickson	Multisport Madness Kids	43:15.14
	AW15	Jennifer Howland	Multisport Madness Kids	DNS
	AW15	Megan Halloran	Multisport Madness Kids	DNS

### AW15-5k

Place	Cat	Name	Club	Time
1	AW15-5k	Brooke Howland	Multisport Madness Kids	42:42.50
2	AW15-5k	Larkin Dickson	Multisport Madness Kids	50:25.96

### AW16+

Place	Cat	Name	Club	Time
1	AW16+	Devon Dickson	Multisport Madness Kids	31:02.89
2	AW16+	Kelsey Clawson	Unattached	32:31.49
3	AW16+	Maggie Scanlon	Multisport Madness	33:11.18
4	AW16+	Stephanie Halloran	Multisport Madness Kids	36:08.07
5	AW16+	Elyse Sawka	Multisport Madness Kids	39:43.25
	AW16+	Melanie Greiner	Multisport Madness Kids	DNS



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### AW4

Place	Cat	Name	Club	Time
1	AW4	Tashony Noplos	Unattached	28:36.09
2	AW4	Carla Hastert	The Bike Shop/Training Bible	30:44.49
3	AW4	MJ Slikas	Team Apache	31:21.17
4	AW4	Cecile Redoble	XXX Racing-Athletico	33:11.81
5	AW4	Joy Houser	ABD	35:16.78
6	AW4	Gina Kenny	ABD	36:17.80
7	AW4	Liz Oehman	ABD	37:20.34
8	AW4	Kelly Lathrop	QuavR	37:48.40
	AW4	Kelly Chamberlain	Unattached	DNS
	AW4	Maya Tubic	ABD	DNS

### AW40+

Place	Cat	Name	Club	Time
1	AW40+	Peggy Badgett	Freeport Bicycle Co.	31:27.62
2	AW40+	Stacee Seay	QuavR	31:57.69
3	AW40+	Jean Tschampa	The Bike Shop/Training Bible	32:41.74
4	AW40+	Donna Maday	ABD	33:04.41
	AW40+	Vicki Heck	ABD	DNS
	AW40+	Mary Roe	Team Apache	DNS
	AW40+	Jennifer Cerwin	ABD	DNS

### AW50+

Place	Cat	Name	Club	Time
1	AW50+	Diane Roanhaus*	Team Wisconsin	26:36.28
2	AW50+	Mimi Fagan	Lightning Bolt	28:43.38
3	AW50+	Liz Factor	Team Apache	29:39.66
	AW50+	Pam Duncan	ABD	DNS

### AW60+

Place	Cat	Name	Club	Time
1	AW60+	Paulette Young	Unattached	32:29.05
2	AW60+	Nancy Beck	Midwest Masters	36:08.96
3	AW60+	Barbara Hansen	Team Apache	37:17.17

### AW70+

Place	Cat	Name	Club	Time
1	AW70+	Patricia Beam	Team RVO	33:14.59



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Midwest Time Trial Association



### AWO

Place	Cat	Name	Club	Time
1	AWO	Jennifer Harrison	Planet X	25:21.13
2	AWO	Susan Peithman	ABD	27:07.13
3	AWO	Jessica Prinner	ABD	27:15.66
4	AWO	Pascale Petro	Apache	28:14.94
5	AWO	Kristin Arntzen	Alberto's Sport	28:52.99
6	AWO	Christine Palmquist	The Bike Shop/Training Bible	28:56.23
7	AWO	Kristen Meshberg	Team Kenda Tire	30:22.43
8	AWO	Ginger Sides	Team Apache	30:40.52
9	AWO	Irene Pang	ABD	31:20.26
10	AWO	Sherry Richards	ABD	32:39.92
	AWO	Laura Stark	Sem Custom Paint	DNS

### CM15

Place	Cat	Name	Club	Time
1	CM15	Kevin McDowell	Multisport Madness Kids	29:44.29
	CM15	Carter Dickson	Multisport Madness Kids	DNS

### CM19-29

Place	Cat	Name	Club	Time
1	CM19-29	Ryan Hale	Unattached	31:21.17
2	CM19-29	Matt Ahlenius	Unattached	34:26.11
3	CM19-29	David Snow	?	41:55.59

### CM30-39

Place	Cat	Name	Club	Time
1	CM30-39	David Olkowski	Unattached	26:09.91
2	CM30-39	Edward Stygar	Unattached	27:28.25
3	CM30-39	Dan Koors	Unattached	31:13.77
4	CM30-39	David Nadolski	Unattached	31:55.35
5	CM30-39	Dennis Spada	Unattached	33:08.13
6	CM30-39	Randy Beauchamp	Unattached	33:54.73
7	CM30-39	Roger Moore	QuavR	34:17.09
	CM30-39	Paul Myers	Unattached	DNS





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### CM40-49

Place	Cat	Name	Club	Time
1	CM40-49	Tim Gehr	Unattached	26:50.85
2	CM40-49	John McCarthy	Unattached	26:56.18
3	CM40-49	Brian Hellweg	Unattached	27:03.66
4	CM40-49	Ian Linsell	Unattached	27:30.68
5	CM40-49	James Quirk	Blacksheep	27:34.70
6	CM40-49	Eric Christiansen	Unattached	27:37.08
7	CM40-49	Stanley Beamon	Team Apache	28:05.33
8	CM40-49	George Ramming	QuavR	28:30.25
9	CM40-49	Scott Aitchison	Team Dawg	28:45.48
10	CM40-49	Dale Erickson	Unattached	29:15.62
11	CM40-49	Ed Hoffman		29:27.60
12	CM40-49	Jim Pace	Lactate Intolerant	29:50.77
13	CM40-49	Dave Trotter	Unattached	30:17.08
14	CM40-49	Kenneth Glinka	ABD	30:56.68
15	CM40-49	Adam Feinberg	Unattached	31:47.49
16	CM40-49	Daniel Reilly		32:03.52
17	CM40-49	David Clark	ABD	32:16.00
18	CM40-49	Billy Boyle	Blackhawk Bicycle & Ski Club	32:25.88
19	CM40-49	Anthony Marcozzi	Unattached	33:08.32
20	CM40-49	Harold Finch	Unattached	33:12.50
	CM40-49	Tom Schneider	Unattached	DNS
	CM40-49	David Langowski	Unattached	DNS

### CM50+

Place	Cat	Name	Club	Time
1	CM50+	Fred Faller	Unattached	27:03.08
2	CM50+	Ray Dal Lago	Unattached	27:53.67
3	CM50+	Greg Tyson	QuavR	28:15.14
4	CM50+	Tom Dunn	Rusty Chain	29:06.88
5	CM50+	Edward Rottmann	Unattached	29:59.68
6	CM50+	Randy King	QuavR	30:35.27
7	CM50+	Don Wostratzky	Unattached	31:19.22
8	CM50+	Eugene Kieronski	Unattached	36:14.23
9	CM50+	Tom Pedrick	ABD	36:42.85
10	CM50+	John Collins	ABD	37:01.14

### CW19-29

Place	Cat	Name	Club	Time
1	CW19-29	Amy Fairbairn	Unattached	34:00.27

### CW30-39

Place	Cat	Name	Club	Time
1	CW30-39	Craig Russell	Unattached	28:59.30
	CW30-39	Heather McGonigal	Schaumburg Bike Club	DNS



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### CW40-49

Place	Cat	Name	Club	Time
1	CW40-49	Noreen Vence	QuavR	31:47.38
2	CW40-49	Jayne Greybar	Five Seasons	34:29.86
3	CW40-49	Nancy Larue	ABD	34:32.67
4	CW40-49	Lori Miller	ABD	35:14.32
5	CW40-49	Pamela Keefe	Unattached	43:30.99

### CW50+

Place	Cat	Name	Club	Time
1	CW50+	Deb Schaub	QuavR	33:02.26
2	CW50+	Barbara Barr	Unattached	35:01.07
3	CW50+	Leitha Walling	ABD	43:50.50

### Fastest Times-Men

Place	Cat	Name	Club	Time
1		Reid Mumford (AM1/2)	Kelly Benefit Strategies	20:35.19
2		Francis Manford (AM40+)	M.O.B-U Build IT	21:05.58
3		Michael Zellmann (AM40+)	Team Mack	21:55.93

### Fastest Times-Women

Place	Cat	Name	Club	Time
1		Jennifer Harrison (AWO)	Planet X	25:21.13
2		Diane Roanhaus* (AW50+)	Team Wisconsin	26:36.28
3		Susan Peithman (AWO)	ABD	27:07.13

### Recumbents

Place	Cat	Name	Club	Time
1	Recumbents	Warren Beauchamp	Recumbents.com	27:08.29
	Recumbents	Alan Arial	Low Boy Racing	DNS

### Tandem

Place	Cat	Name	Club	Time
1	Tandem	Shelley/John Vogt/Serrano	Bicycle Club of Lake County	36:22.50



## 2007 John Fraser Memorial 10 Mile Time Trial

April 1st, 2007

### PRELIMINARY RESULTS

Sponsored by Prairie Path Cycles and promoted by the ABD Cycle Club

Midwest Time Trial Association



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