



**ABD**  
**TWO PERSON "40k" TEAM TIME TRIAL**  
 Saturday May 9, 2009  
 Garden Prairie, IL



**MATTS**  
**MID AMERICA TIME TRIAL SERIES**  
**RESULTS**

Heavy overcast skies, will it rain or not, a stiff breeze of upwards 20mph out of the northwestern farm fields made the temps feel like 50. But no rain, clouds were breaking up and warming temps made the wind feel like climbing a hill for miles on end, when oh when do we turn. The longest straight section was directly into the wind.

Most of the course was in great shape for riding. Two original course roads we had to avoid because of too many potholes. Thanks to Jerry, Pat and Gerald for the heads up in the weeks and days before event. The County did patch half the holes the day before but too many monsters remained so a switch was made to a recently paved road used years ago. I expect the county will fill the monsters before the next event at Garden Prairie.

With the wind blasting and gusting, it made drafting your partner a battle with the wind to avoid running over the rear wheel. Where is that draft behind this aerodynamic teammate? Obviously some did not have much difficulty:

- 51:33 by Master 55-59 Doughty and Watkins. Tom has been burning courses for years, Stan? not sure but he is fast.
- 52:58 by Cat 1-2 Rosenfield and Harris. Isn't Scott the JR who flatted twice in heavy rain last year before finishing 40K?
- 53:03 by Master 40-49 Oliff and Michaels. I thought Jeff only races track?
- 53:33 by Master 50-54 Jones and Host, two masters of TT & nutrition, Doc and the World Master Pursuit Silver winner.

I just knew this Team was going to ride fast when I saw the start sheet.

- 58:17 by Women Open Thompson and Dust both relatively knew to TT, Leigh is Nat Champ & Debbie is a race veteran.
- 60:00 by Women Open Ploeg and Claus.
- 65:57 by Women Cat 4 Neville and Storgbauer

This was a TEAM race, you work TOGETHER, to ride a fast time. I know it feels good to drop another rider, but in a team time trial the stronger rider HELPS the TEAMMATE. This could be taking longer pulls, leading into the wind, sitting up to give more suction for your teammate or screaming loud enough in the last 200 meters that your teammate cannot hear the pain of lungs bursting and muscles tearing down. The finish time was taken when the 2<sup>nd</sup> riders front wheel crossed the finish line.

	<b>Category 1-2</b>			
1	Scott Rosenfield	Brian Harris	Nova Cycle Sport Foundation	<b>00.52.58.030</b>
2	Mike Jones	Jim Host	PACT Dish Network	<b>00.55.29.220</b>
3	Tim Henry	Craig Erbach	Project 5 Racing	<b>00.57.59.480</b>
4	Rob Jungels	Bob Marshall	ABD	<b>01.01.49.870</b>

	<b>Category 3</b>			
1	Brian Akers	Derric Ungaro	WDT/Allvoi	<b>00.54.11.430</b>
2	James Sneddon*	Curtis Bice*	Athletes By Design	<b>00.55.41.310</b>
3	Jerome Harrison	Dean Hewson	Get A Grip	<b>00.56.46.980</b>
4	Bruce Gordon	Brian Sullivan	Indiana Masters Racing	<b>00.58.00.630</b>
5	Lance Maylath	John P. Deifel	Project 5 Racing	<b>01.01.36.330</b>

	<b>Category 4</b>			
1	Tim Yuska	Ted Ramos	Get A Grip	<b>00.56.33.750</b>
2	Paul Miner	Mike Moore	Spin Doctor Cyclewerks CC	<b>00.58.34.760</b>
3	Ken Letkeman	John Ellmann	Albertos	<b>00.59.18.250</b>
4	Matthew Nichols	James Scott	Project 5 Racing	<b>01.00.02.310</b>
5	Greg Heck	Mike Sequin	xXx Racing - Athletico	<b>01.00.33.140</b>
6	David Dokko	Jacobus Machalow	XXx Racing - Athletico	<b>01.03.50.480</b>
7	Erik Didriksen	John Boggs	xXx Racing - Athletico	<b>01.03.59.430</b>
8	Joe Bereny	William Stritzel	Endure It	<b>01.08.01.610</b>
9	Paul Zelewsky*	Jim Flechsig*	Athletes By Design	<b>01.08.27.580</b>
10	Jared Rogers	Emir Jaganjac	xXx Racing - Athletico	<b>01.09.01.720</b>
*	Jim Uemura	*self	Unattached	<b>00.56.37.820</b>
*	Russ Kuryk	*self	Well Fit Elite	<b>01.01.08.920</b>

	<b>Master 30-39</b>			
1	David Polin	Dan Norbeck	WDT/Allvoi	<b>00.54.03.860</b>
2	Kevin Flowers	Andy Swimms	The Bike Shop Glen Ellyn	<b>00.55.53.560</b>
3	Peter Allen	Jeff Holland	xXx Racing - Athletico	<b>00.58.25.080</b>
4	Brian Morrissey	Brian Stockmaster	xXx Racing - Athletico	<b>00.59.13.290</b>
5	Kevin Stephens	Greg Nash	Project 5 Racing	<b>01.00.37.090</b>
6	Derric Ungaro	Stan Friedel	WDT/Allvoi	<b>01.01.00.750</b>
7	Chris Parker	Scott Schmeiser	Unattached	<b>01.01.21.600</b>
8	Brian Akers	Debbie Dust	WDT/Allvoi	<b>01.03.46.120</b>
9	Rich Mstowski	Ken Glinka*	Athletes By Design	<b>01.13.41.020</b>

	<b>Master 40-49</b>			
1	Reed Oliff	Jeff Michaels	WDT/Allvoi	<b>00.53.03.100</b>
2	Jeff Boldt	Brian Brophy	Unattached	<b>00.54.04.920</b>
3	Randy Warren	Newt Cole	xXx Racing - Athletico	<b>00.55.00.680</b>
4	Randy Anderson	Mark Dolin	LAPT / Unattached	<b>00.55.59.300</b>
5	Don Lowe	Neil Thomas	Team Mack Racing	<b>00.56.08.700</b>
6	Loch Miwa	Gary Whalen	Flatlandia	<b>00.58.08.930</b>
7	Todd Busted	Rob Jungels	Athletes By Design	<b>00.59.26.110</b>
8	Tim Radcliff	Anthony Meadors	Elmhurst Masters Competitive	<b>00.59.58.530</b>
9	James Kambol	Timothy Zoph	Vision Quest	<b>01.00.03.500</b>
10	John Walker	Sean Kozak	xXx Racing - Athletico	<b>01.01.07.810</b>
11	Tom Rasnic	Bob Majcen	EMC2	<b>01.06.03.560</b>
12	James Landenberger	Andrew Stevens	Elmhurst Masters Competitive	<b>01.07.18.500</b>
13	Tim Homola	Jeff Kessler	Village Cyclesport /Spin Doctor	<b>01.09.17.890</b>

<b>Master 50-54</b>				
1	Mike Jones	Jim Host	PACT Dish Network	<b>00.53.33.860</b>
2	Thomas Altemus	Jerry Benton	RVO / Unattached	<b>00.56.12.920</b>
3	Ron Mattson	Bill Leibman	Freeport Bicycle Club	<b>00.57.31.550</b>
4	Jim Bruskwewitz	Michael Meteyer	Unattached	<b>01.01.19.740</b>
5	Gary Rulo	Ludwig Montfort	Athletes By Design	<b>01.02.21.030</b>
6	Steven Dehmlow	Kurt Wagner	Unattached	<b>01.03.10.020</b>
7	Michael Byrnes	Dominick Chellino	Team Joliet	<b>01.05.02.010</b>
8	Ken Fry*	David Trotter*	Athletes By Design	<b>01.09.39.210</b>
9	Kent Billingsley*	Steve Greene*	Athletes By Design	<b>01.14.32.210</b>
10	Robert Bondiman	Alan Grigoletta	Elmhurst Masters / EMC2	<b>01.26.39.140</b>

<b>Master 55-59</b>				
1	Tom Doughty*	Stan Watkins*	Amgen / Giant / Vision Quest	<b>00.51.33.480</b>
2	Robert Burke	Dan Madsen	PACT Dish Network / ABD	<b>00.55.23.790</b>
3	Charlie Thalheimer	Richard Kreutzfeldt	Verdigris Cycling	<b>00.56.06.610</b>
4	Greg Iverson*	Walter Stoops*	Unattached	<b>01.08.52.300</b>

<b>Master 60-64</b>				
1	Gene Nozicka	Dennis Jurs	Alberto/Team Mack	<b>01.03.28.920</b>

<b>Master 65-69</b>				
1	Garry McGovern	Rich Vichotka	Midwest Masters	<b>01.14.54.190</b>

<b>Master 70-74</b>				
1	J. Robert Beck	Jack Patterson	Midwest Masters	<b>01.07.10.260</b>

<b>Master 75-80+</b>				
1	Gerald Beam	Raymond Putnam	Turin	<b>01.29.37.620</b>

<b>Junior Open</b>				
1	Mike Redlich	Konrad Witt	Athletes By Design	<b>01.15.13.120</b>

<b>Tandem</b>				
1	Greg Lange	Janet Lin	xXx Racing - Athletico	<b>00.58.37.030</b>
2	Thomas Ratajczak	Robyn Ratajczak	Unattached	<b>01.08.00.020</b>

<b>Women Open</b>				
1	Leigh Thompson	Debbie Dust	Vision Quest	<b>00.58.17.740</b>
2	Heidi Ploeg	Arrietta Claus	Mad City Velo	<b>01.00.57.290</b>
3	Ginger Sides	Pascale Petro	Project 5 Racing	<b>01.06.13.000</b>
4	Wendy Gaddey	Francine Haas	Alberto's Sport	<b>01.06.19.390</b>
5	Lorrie Stork	Debra Sunderland	Tower Racing	<b>01.19.07.810</b>
2 <sup>nd</sup> ride	Ginger Sides	Pascale Petro	Project 5 Racing	<b>01.08.20.410</b>

	<b>Women 4</b>			
1	Eileen Nevielle	Elizibeth Storgbauer	xXx Racing - Athletico	<b>01.05.57.050</b>
2	Angela Rochester	Nancy Heymann	Alberto's	<b>01.11.53.660</b>
3	Liz Oehmen	Gina Kenny*	Athletes By Design	<b>01.26.40.470</b>

	<b>Master Women 40-49</b>			
1	Lorrie Stork	Kimberly Gialdini	Tower Racing	<b>01.10.54.930</b>

	<b>Master Women 60-70+</b>			
1	Patricia Beam	Nancy Iglinski	Team RVO	<b>01.15.58.270</b>
2	Nancy Beck	Paulette Young	Midwest Masters	<b>01.24.32.960</b>

	<b>Citizen 30-39</b>			
1	Ben Lin	Mary Bradbury	Unattached	<b>01.03.33.380</b>

	<b>Citizen 40-49</b>			
1	Al Glodowski	Grace Creveling	Unattached	<b>01.06.04.360</b>
2	John McMahon	Dave Goltermann	Unattached	<b>01.08.41.010</b>
3	Rich Haas	Anton Koenigsmann	BCLC	<b>01.10.09.000</b>

	<b>Citizen 50-59</b>			
1	Jeff Grady*	Ken Muzinski*	Unattached	<b>01.09.22.730</b>
2	Benjamin Wozniak	Michael J. Lauesen	Unattached	<b>01.14.58.990</b>

	<b>Citizen Women 40-49</b>			
1	Mary Lynne Shafer	Dawn Koester	Unattached	<b>02.09.16.440</b>

[www.abdcycling.com](http://www.abdcycling.com)

Results questions contact [cewbike@tds.net](mailto:cewbike@tds.net) 262-654-6773