







2011 ABD Indoor Time Trial Series: Race #1 - Sunday, January 23rd FINAL RESULTS

The first stage of ABD's 12th Annual Indoor Time Trial Series is in the books. Great effort by all of the participants today! Thank you to all our sponsors, volunteers and cyclists for suppoting today's race, as well as Winfield Middle School and the ABD Cycle Club.

Fastest Overall Times: Women: Sarah Farsalas (AW4) @ 16:59.86 Men: Dan Verner (AM40+) @ 14:21.52

Race hosted indoors at the Winfield Middle School in Winfield, IL.

Please contact ABD Cycling at abdcycling@gmail.com if you have any questions regarding results.

AM1/2

Place	Category	Last	First	Club	Time
1	AM1/2	Bice	Curtis	ABD	00:14:35.79
2	AM1/2	Harris	Brian	Verizon Wireless Cycling Team	00:15:15.57
3	AM1/2	Mcvey	Bryan	Verizon Wireless	00:15:16.78
4	AM1/2	Jungles	Rob	ABD	00:15:22.52
5	AM1/2	Jones	Michael	PACT-Dishnetwork	00:15:35.76
6	AM1/2	Schaer	David	PACT	00:16:17.44

AM15

Place	Category	Last	First	Club	Time
1	AM15	Hall	Maxx	Unattached	00:19:14.20
2	AM15	Pierce	Colin	Unattached	00:21:05.91

AM16+

Place	Category	Last	First	Club	Time
1	AM16+	Witt	Konrad	ABD	00:15:58.87
2	AM16+	Redlich, Jr	Michael	ABD	00:17:26.90

AM3

Place	Category	Last	First	Club	Time
1	AM3	Selph	Kyle	Tower Racing	00:14:44.43
2	AM3	Dodson	Dan	W2 Racing/Freeport Bicycle Co.	00:15:16.44
3	AM3	Madsen	Daniel	ABD	00:15:33.64
4	AM3	Soltis	Christopher	Project 5 Racing	00:15:34.70
5	AM3	Berenyi	Joe	PSIMET Elite	00:15:40.44
6	AM3	Knauff	Jason	Burnham Racing	00:15:55.34
7	AM3	Pac	Krystian	PACT DishNetwork	00:16:12.10
8	AM3	Witt	Konrad	ABD	00:16:36.26
9	AM3	Gomez	Julian		00:16:42.56

AM30+

Place	Category	Last	First	Club	Time
1	AM30+	Gerlach	Charles	Lamb Little Racing	00:14:33.56
2	AM30+	Jungles	Rob	ABD	00:15:50.19
3	AM30+	Shu	Darren	W2 Racing	00:16:15.52
4	AM30+	Duranovic	Sead	Unattached	00:17:33.00
5	AM30+	Dorado	Kenneth	Iron Cycles	00:17:37.98
	AM30+	Millard	Francois	xXx Racing	DNS



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AM4

Place	Category	Last	First	Club	Time
1	AM4	Westergaard	John	Magnetrol	00:15:13.28
2	AM4	Lenski	Richard	PSIMET	00:15:19.37
3	AM4	Lund	Jim	ABD	00:15:27.99
4	AM4	Halsall	Keith	ABD	00:15:29.15
5	AM4	Heckelsmiller	David	xXx Racing AthletiCo	00:15:36.39
6	AM4	Patti	Jim	xXx Racing - Athletico	00:15:41.98
7	AM4	Comiskey	Brian	Team TriSmart	00:15:46.90
8	AM4	Angelatos	John	VQ Racing	00:15:50.37
9	AM4	Linton	Mark	53x11 Coffee	00:15:50.60
10	AM4	Redlich	Michael	ABD	00:16:04.24
11	AM4	Trzeciak	Jerzy	PACT DishNetwork	00:16:06.88
12	AM4	Balfe	Edward	ABD	00:16:17.57
13	AM4	Arnolde	Jack	North Branch Cycling	00:16:19.88
14	AM4	Burns	Mike	ABD	00:16:45.66
15	AM4	Wernick	Jermey		00:16:48.38
16	AM4	Clark	Tim	W2 Racing	00:16:56.30
17	AM4	Piekos	Mitchell	Project 5 Racing	00:17:32.15
	AM4	Millard	Francois	xXx Racing	DNS
	AM4	Landenberger	James	EMC2/Elmhurst Masters	DNS
	AM4	Marshall	Bob	ABD	DNS

AM40+

Place	Category	Last	First	Club	Time
1	AM40+	Verner	Dan	PACT DishNetwork	00:14:21.52
2	AM40+	Gerlach	Charles	Lamb Little Racing	00:14:44.30
3	AM40+	Crane	Steven	ABD	00:15:16.78
4	AM40+	Serafin	Mark	Unattached	00:15:31.56
5	AM40+	Patti	Jim	xXx Racing - Athletico	00:15:40.58
6	AM40+	Hockenberry	Scott	Unattached	00:15:58.40
7	AM40+	Busteed	Todd	ABD	00:16:00.70
8	AM40+	Saplis	Jim	Team Apache	00:16:02.23
9	AM40+	Schnell	Stephen	Team Apache	00:16:12.72
10	AM40+	Deifel	John	Project 5 Racing	00:16:13.66
11	AM40+	Johnson	Doug	Team Apache	00:16:13.87
12	AM40+	Cannella	Jim	ABD	00:16:29.78
13	AM40+	Burns	Mike	ABD	00:16:30.83
14	AM40+	Beresinski	Glenn	ABD	00:17:42.73



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AM50+

Place	Category	Last	First	Club	Time
1	AM50+	Host	James	PACT Dishnetwork	00:14:50.21
2	AM50+	Jones	Michael	PACT-Dishnetwork	00:15:17.15
3	AM50+	Tubic	Bisi	Unattached	00:15:31.47
4	AM50+	Lacy	Michael	Unattached	00:15:34.46
5	AM50+	Broich	Gordon	ABD	00:15:39.83
6	AM50+	Trotter	Dave	ABD	00:15:46.89
7	AM50+	Tschampa	Andrew	PACT Dish Network	00:15:51.86
8	AM50+	Pahl	Scott	ABD	00:15:51.89
9	AM50+	Byrnes	Michael	Project 5	00:15:53.72
10	AM50+	Kramer	Thomas	Unattached	00:16:09.00
11	AM50+	Rulo	Gary	ABD	00:16:10.27
12	AM50+	Kryszak	Richard	South Chicago Wheelmen	00:16:12.24
13	AM50+	Deifel	John	Project 5 Racing	00:16:13.43
14	AM50+	Gage	Steve	ABD	00:16:40.91
15	AM50+	Billingsley	Kent	ABD	00:17:36.10
16	AM50+	Lopez	Ronie	BeverlyBike/VeePak	00:17:38.40
17	AM50+	Schabell	Kurt	team mack	00:18:18.10
18	AM50+	Kiesler	Mitchell	Unattached	00:18:35.62

AM55+

Place	Category	Last	First	Club	Time
1	AM55+	Host	James	PACT Dishnetwork	00:14:51.71
2	AM55+	Madsen	Daniel	ABD	00:15:16.90
3	AM55+	Marshall	Bob	ABD	00:15:32.55
4	AM55+	Iverson	Greg	ABD	00:16:01.13
5	AM55+	Kreutzfeldt	Richard	PACT Dishnetwork	00:16:01.16
6	AM55+	Demel	Ziggy	PACT DishNetwork	00:16:18.31
7	AM55+	Mckenzie	Craig	ABD	00:16:26.77
8	AM55+	Kula	Gary	ABD	00:16:31.89
9	AM55+	Rottmann	Edward	Unattached	00:16:48.59
10	AM55+	Wolowiec	Robert	Gazoobies International	00:16:53.14
11	AM55+	Heun	William	ABD	00:17:19.95
12	AM55+	Thornton	Lance	ABD Cycle Club	00:17:29.86
	AM55+	Byrnes	Michael	Project 5	DNS

AM60+

Place	Category	Last	First	Club	Time
1	AM60+	Kreutzfeldt	Richard	PACT Dishnetwork	00:15:44.83
2	AM60+	Snyder	Charles	Tower Racing	00:15:55.79
3	AM60+	Egan	Thomas	ABD	00:16:32.26
4	AM60+	Clark	Tim	W2 Racing	00:16:52.00
5	AM60+	Stoops	Walter	ABD	00:17:19.56
6	AM60+	Tiles	Ed	Unattached	00:18:35.70
7	AM60+	Kaiser	Greg	Unattached	00:19:04.51
8	AM60+	Schueman	Donald	Lifetime Fitness Cycling Club	00:20:01.76



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AM65+

AM70+

Place	Category	Last	First	Club	Time
1	AM70+	Patterson	Jack	Midwest Masters	00:17:56.24
2	AM70+	Schiff	Don	Unattached	00:18:14.24
3	AM70+	Krehbiel	John	Midwest Masters	00:20:15.35
4	AM70+	Alexander	Peter	Midwest Masters	DNF

AM75+

Place	Category	Last	First	Club	Time
1	AM75+	Beam	Gerald	Unattached	00:20:44.27
2	AM75+	Herbert	R.W.	Midwest Masters	00:21:59.76
	AM75+	Wang	Edward	Unattached	DNS

AW15

Place	Category	Last	First	Club	Time
1	AW15	Johnson	Gina	smart cycling	00:19:23.42
2	AW15	Zimmerman	Hope	Team Kenda p/b Gear Grinder	00:22:41.37

AW15-5K

Place	Category	Last	First	Club	Time
1	AW15-5K	Januszewski	Grace	Unattached	00:11:22.10

AW16+

Place	Category	Last	First	Club	Time
1	AW16+	Rowe	Jaclyn	ABD	00:17:30.93

AW4

Place	Category	Last	First	Club	Time
1	AW4	Farsalas	Sarah	ET Tri Club	00:16:59.86
2	AW4	Dumford	Katie	Endure It	00:17:06.44
3	AW4	Couris	Marie	Verdigris	00:17:27.78
4	AW4	Doyal	Nan	Unattached	00:17:34.50
5	AW4	Axt-Pilon	Carla	Unattached	00:18:07.68
6	AW4	Heun	Katherine	ABD	00:18:08.18
7	AW4	Rossi	Theresa	EMC2	00:18:12.32



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AW40+

Place	Category	Last	First	Club	Time
1	AW40+	Frampton	Cathy	Project 5 Racing	00:17:01.34
2	AW40+	Palmquist	Christine	Training Bible Coaching	00:17:10.93
3	AW40+	Doyal	Nan		00:17:58.43
4	AW40+	Cesario	Julianne	Elmhurst Masters/EMC2	00:18:08.42
	AW40+	Maday	Donna	ABD	DNS

AW50+

Place	Category	Last	First	Club	Time
1	AW50+	Kaiser	Helen	Unattached	00:17:36.76
2	AW50+	Drennan	Karen	Team Kenda p/b Gear Grinder	00:18:06.10
3	AW50+	Mcadams	Victoria	Unattached	00:20:13.39
	AW50+	Cuneo	Bettina	UCVC	DNS

AW60+

Place	Category	Last	First	Club	Time
1	AW60+	Green	Lynne	Unattached	00:18:15.52

AW70+

Place	Category	Last	First	Club	Time
1	AW70+	Beam	Patricia	ABD	00:20:16.92

AWO

Place	Category	Last	First	Club	Time
1	AWO	Meshberg	Kristen	ABD	00:17:10.91
2	AWO	Gialdini	Kimberly	Pact-DISH Network Cycling Team	00:17:24.86
3	AWO	Woloszyn	Erin	Village Cyclesport	00:17:28.28
4	AWO	Semaszczuk	Sue	Unattached	00:18:46.96
5	AWO	March	Imelda	Team Kenda p/b Gear Grinder	00:19:45.20

CM15

Place	Category	Last	First	Club	Time	
1	CM15	Koors	Alex	ABD - Prairie Path Cycles	00:20:58.76	

CM15-5K

Place	Category	Last	First	Club	Time
1	CM15-5K	Lorenz	Justin	Unattached	00:10:32.00

CM30-39

Plac	e Category	Last	First	Club	Time
1	CM30-39	Bentsen	Kurt	Unattached	00:15:32.59
2	CM30-39	Bambalas	Jason	ABD	00:16:07.59



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CM40+

Place	Category	Last	First	Club	Time
1	CM40+	Gramley	Steve	Multisport Maddness	00:15:45.36
2	CM40+	Henrikson	Steve	Magnetrol	00:16:46.64

CM40-49

1 CM40-49 Lorenz John Unattached 00:15: 2 CM40-49 Richier Mark Endure IT 00:16:	
2 CM40.40 Dighion Mark Enduro IT 00.16.	:33.90
2 CM40-49 Richief Mark Eliquie II 00:16:	:12.37
3 CM40-49 Koors Dan Unattached 00:16:	:29.82
4 CM40-49 Meister Jerry ABD 00:16:	:41.51
5 CM40-49 Mcmahon John Unattached 00:16:	:46.49
6 CM40-49 Sosh Matthew Unattached 00:17:	:55.36
CM40-49 Denker Michael Sammy's Bikes DNS	
CM40-49 Spada Dennis Unattached DNS	

CM50+

Place	Category	Last	First	Club	Time
1	CM50+	Webb	Brad	Unattached	00:15:59.41
2	CM50+	Dal Lago	Ray	Unattached	00:16:07.36
3	CM50+	Bryenton	Ronald	Unattached	00:16:24.17
4	CM50+	Witt	Scott	ABD	00:17:15.17
5	CM50+	Wostratzky	Don	ABD	00:17:32.79
6	CM50+	Theodore	Bob	Unattached	00:17:34.88
7	CM50+	Peterson	Richard	Unattached	00:17:48.90
8	CM50+	Feigleson	Scott	Magnetrol	00:17:56.32
9	CM50+	Gale	Greg	Unattached	00:18:13.42
10	CM50+	Elliott	Rich	Unattached	00:19:18.66

CW15

Place	Category	Last	First	Club	Time
1	CW15	Lorenz	Alexandra	Multisport Madness Kids	00:19:02.15

CW15-5K

Place	Category	Last	First	Club	Time
1	CW15-5K	Koors	Abby	ABD - Prairie Path Cycles	00:12:05.30

CW40-49

Place	Category	Last	First	Club	Time
1	CW40-49	Lorenz	Tracy	Unattached	00:17:35.39
2	CW40-49	Kalinich	Alicia	Elmhurst Masters	00:17:52.95
3	CW40-49	Vilimek	Diane	ABD	00:18:03.10
4	CW40-49	Crisman	Laura	Unattached	00:19:17.62

CW50+

Place	Category	Last	First	Club	Time
1	CW50+	Kuhr	Martha		00:19:42.13
2	CW50+	Croft	Tricia	Unattached	00:20:48.93



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Fastest Men

Place	Category	Last	First	Club	Time
1	AM40+	Verner	Dan	PACT DishNetwork	00:14:21.52
2	AM30+	Gerlach	Charles	Lamb Little Racing	00:14:33.56
3	AM1/2	Bice	Curtis	ABD	00:14:35.79

Fastest Women

Place	Category	Last	First	Club	Time
1	AW4	Farsalas	Sarah	ET Tri Club	00:16:59.86
2	AW40+	Frampton	Cathy	Project 5 Racing	00:17:01.34
3	AW4	Dumford	Katie	Endure It	00:17:06.44











For more information on this and other Athletes By Design Cycle Club events, visit www.abdcycling.com