



**2011 ABD Indoor Time Trial Series: Race #3 - Saturday, March 19th**  
**PRELIMINARY RESULTS** (posted on 4/4/2011 at 9:42 PM)

The third race of the ABD Indoor Time Trial Series featured some brutal climbing, but with burning thighs and soaring heart rates, more than 130 riders finished strong and staked claim to conquering today's challenging course. Congratulations to all the participants for their enduring efforts in today's last indoor stage of the series. Also, a big thank you to all the volunteers that put in a great effort to see these indoor events take place. The final race of the ABD Indoor Series will be Sunday, April 10th for the John Fraser Memorial Time Trial at Maple Park... see you outside!

Fastest Overall Times: Women: Jessi Prinner (AWO) @ 15:20.55 Men: Curtis Bice (AM1/2) @ 14:32.20

Race hosted indoors at the Winfield Middle School in Winfield, IL.

Please contact ABD Cycling at [abdcycling@gmail.com](mailto:abdcycling@gmail.com) if you have any questions regarding results.

## AM1/2

Place	Category	Last	First	Club	Time
1	AM1/2	Bice	Curtis	ABD	00:14:32.20
2	AM1/2	Radcliff	Tim	EMC2/Elmhurst Masters	00:15:35.69
3	AM1/2	Jones	Michael	PACT-Dishnetwork	00:15:51.20
4	AM1/2	Jungles	Rob	ABD	00:16:08.44

## AM15

Place	Category	Last	First	Club	Time
1	AM15	Hall	Maxx	Unattached	00:20:38.39

## AM16+

Place	Category	Last	First	Club	Time
1	AM16+	Witt	Konrad	ABD	00:16:57.51
2	AM16+	Redlich, Jr	Michael	ABD	00:21:38.64
3	AM16+	Stehlik	Jon	ABD	00:22:38.35

## AM3

Place	Category	Last	First	Club	Time
1	AM3	Alvestad	Jostein	EMC2	00:15:21.62
2	AM3	Knauff	Jason	Burnham Racing	00:15:25.49
3	AM3	Madsen	Daniel	ABD	00:16:11.22
4	AM3	Soltis	Christopher	Project 5 Racing	00:16:15.98
5	AM3	Berenyi	Joe	PSIMET Elite	00:16:21.31
6	AM3	Witt	Konrad	ABD	00:16:33.9
7	AM3	Pac	Krystian	PACT DishNetwork	00:18:40.98

## AM30+

Place	Category	Last	First	Club	Time
1	AM30+	Gerlach	Charles	Lamb Little Racing	00:14:57.93
2	AM30+	Jungles	Rob	ABD	00:16:36.90
3	AM30+	Dorado	Kenneth	Iron Cycles	00:18:24.63
4	AM30+	Duranovic	Sead	Unattached	00:18:49.23
	AM30+	Shu	Darren	W2 Racing	DNS
	AM30+	Millard	Francois	xXx Racing	DNS
	AM30+	Mstowski	Richard	abd cycling	DNS



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## AM4

Place	Category	Last	First	Club	Time
1	AM4	Reeves	Gareth	Unattached	00:15:20.83
2	AM4	Westergaard	John	Magnetrol	00:15:40.94
3	AM4	Ohlhaber	Steven	Northbrook Garner Bicycle Club	00:15:49.35
4	AM4	Halsall	Keith	ABD	00:16:17.73
5	AM4	Patti	Jim	xXx Racing - Athletico	00:16:26.59
6	AM4	Flechsig	James	ABD	00:16:29.25
7	AM4	Arnolde	Jack	North Branch Cycling	00:16:38.99
8	AM4	Trzeciak	Jerzy	PACT DishNetwork	00:16:42.51
9	AM4	Bloomfield	Jeff	ABD	00:16:51.00
10	AM4	Heckelsmiller	David	xXx Racing AthletiCo	00:17:05.15
11	AM4	Marshall	Bob	ABD	00:17:05.32
12	AM4	Linton	Mark	53x11 Coffee	00:17:33.60
13	AM4	Lanphier	Joel	Project 5 Racing	00:18:04.10
14	AM4	Burns	Mike	ABD	00:18:14.52
15	AM4	Piekos	Mitchell	Project 5 Racing	00:18:29.60
16	AM4	Redlich	Michael	ABD	00:18:53.55
17	AM4	Balfe	Edward	ABD	00:20:56.50
	AM4	Landenberger	James	EMC2/Elmhurst Masters	DNS
	AM4	Millard	Francois	xXx Racing	DNS
	AM4	Dickson	Nolan	MMTT Multisport Madness	DNS
	AM4	Dickson	Carter	MMTT Multisport Madness	DNS
	AM4	Heres	John-Paul	Bike Works Hawaii	DNS
	AM4	Dickson	Keith	MMTT Multisport Madness	DNS

## AM40+

Place	Category	Last	First	Club	Time
1	AM40+	Verner	Dan	PACT DishNetwork	00:15:05.50
2	AM40+	Gerlach	Charles	Lamb Little Racing	00:15:09.98
3	AM40+	Patti	Jim	xXx Racing - Athletico	00:16:18.94
4	AM40+	Deifel	John	Project 5 Racing	00:16:29.97
5	AM40+	Serafin	Mark	Lamb Little Racing	00:16:37.70
6	AM40+	Busteed	Todd	ABD	00:17:00.30
7	AM40+	Johnson	Doug	Team Apache	00:17:01.74
8	AM40+	Schnell	Stephen	Team Apache	00:17:16.25
9	AM40+	Cannella	Jim	ABD	00:17:43.29
10	AM40+	Burns	Mike	ABD	00:17:58.99
11	AM40+	Crane	Steven	ABD	00:20:48.35
12	AM40+	Hockenberry	Scott	Unattached	DNF
	AM40+	Beresinski	Glenn	ABD	DNS
	AM40+	Stoegbauer	Larry	xXx Racing - Athletico	DNS



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## AM50+

Place	Category	Last	First	Club	Time
1	AM50+	Host	James	PACT Dishnetwork	00:15:21.86
2	AM50+	Jones	Michael	PACT-Dishnetwork	00:15:27.77
3	AM50+	Lowe	Don	Team Mack Racing	00:15:54.18
4	AM50+	Pahl	Scott	ABD	00:16:16.61
5	AM50+	Deifel	John	Project 5 Racing	00:16:38.96
6	AM50+	Lacy	Michael	Unattached	00:16:52.90
7	AM50+	Gage	Steve	ABD	00:17:01.84
8	AM50+	Broich	Gordon	ABD	00:17:17.50
9	AM50+	Kramer	Thomas	Unattached	00:17:20.14
10	AM50+	Rulo	Gary	ABD	00:17:33.10
11	AM50+	Kryszak	Richard	South Chicago Wheelmen	00:17:51.97
12	AM50+	Trotter	Dave	ABD	00:18:56.78
13	AM50+	Schabell	Kurt	team mack	00:20:59.62
	AM50+	Nedza	William	2CC	DNS

## AM55+

Place	Category	Last	First	Club	Time
1	AM55+	Host	James	PACT Dishnetwork	00:15:33.80
2	AM55+	Madsen	Daniel	ABD	00:16:19.75
3	AM55+	Adamczyk	Richard	Midwest Masters	00:16:41.91
4	AM55+	Marshall	Bob	ABD	00:16:51.40
5	AM55+	Mckenzie	Craig	ABD	00:17:06.41
6	AM55+	Kula	Gary	ABD	00:17:24.67
7	AM55+	Clark	Tim	W2 Racing	00:17:31.26
8	AM55+	Kreutzfeldt	Richard	PACT Dishnetwork	00:17:31.69
9	AM55+	Iverson	Greg	ABD	00:17:34.33
10	AM55+	Byrnes	Michael	Project 5	00:17:34.75
11	AM55+	Fry	Kenneth	ABD	00:18:22.10
12	AM55+	Demel	Ziggy	PACT DishNetwork	00:18:22.68
13	AM55+	Wolowiec	Robert	Gazoobies International	00:18:42.40
14	AM55+	Muszynsi	Ken	PSIMET Racing	00:19:29.58
15	AM55+	Rottmann	Edward	Unattached	00:19:57.83
16	AM55+	Heun	William	ABD	00:20:31.69
17	AM55+	Thornton	Lance	ABD Cycle Club	00:20:43.61

## AM60+

Place	Category	Last	First	Club	Time
1	AM60+	Clark	Tim	W2 Racing	00:17:11.78
2	AM60+	Kreutzfeldt	Richard	PACT Dishnetwork	00:17:12.21
3	AM60+	Egan	Thomas	ABD	00:18:21.69
4	AM60+	Stoops	Walter	ABD	00:18:26.30
5	AM60+	Kielar	Marian	PACT	00:19:14.30
6	AM60+	Schueman	Donald	Lifetime Fitness Cycling Club	00:19:51.10
	AM60+	Tiles	Ed	Unattached	DNS
	AM60+	Kaiser	Greg	Unattached	DNS
	AM60+	Kurtz	Michael	US Army	DNS



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## AM65+

Place	Category	Last	First	Club	Time
1	AM65+	Rhyné	Edward	Unattached	00:18:33.20
2	AM65+	Yoder	Fred	ABD	00:19:13.50
3	AM65+	Taylor	John	Unattached	00:20:03.57
4	AM65+	Kallas	Bill	ABD	00:20:58.61
5	AM65+	Vichotka	Rich	Midwest Masters	00:20:59.14

## AM70+

Place	Category	Last	First	Club	Time
1	AM70+	Alexander	Peter	Midwest Masters	00:19:55.61
2	AM70+	Patterson	Jack	Midwest Masters	00:21:07.21
3	AM70+	Schiff	Don	Unattached	00:21:20.74
4	AM70+	Krehbiel	John	Midwest Masters	00:24:14.63
5	AM70+	Wocholz	Billy	ABD	00:33:08.60

## AM75+

Place	Category	Last	First	Club	Time
1	AM75+	Beam	Gerald	Unattached	00:27:47.34
	AM75+	Wang	Edward	Unattached	DNS

## AW15

Place	Category	Last	First	Club	Time
1	AW15	Zimmerman	Hope	Team Kenda p/b Gear Grinder	00:27:47.10
	AW15	Johnson	Gina	smart cycling	DNS
	AW15	Staudacher	Rachel	Unattached	DNS

## AW15-5K

Place	Category	Last	First	Club	Time
1	AW15-5K	Januszewski	Grace	Unattached	00:12:00.00

## AW16+

Place	Category	Last	First	Club	Time
1	AW16+	Rowe	Jaclyn	ABD	00:17:57.78

## AW4

Place	Category	Last	First	Club	Time
1	AW4	Farsalas	Sarah	ET Tri Club	00:17:51.60
2	AW4	Dumford	Katie	Endure It	00:17:57.38
3	AW4	Couris	Marie	Verdigris	00:18:36.51
4	AW4	Heun	Katherine	ABD	00:20:59.17
	AW4	Whitley	Kelly	MMTT	DNS
	AW4	Williams	Mackenzie	Multisport Triathlon Team	DNS



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## AW40+

Place	Category	Last	First	Club	Time
1	AW40+	Frampton	Cathy	Project 5 Racing	00:17:56.84
2	AW40+	Palmquist	Christine	Training Bible Coaching	00:18:84.76
3	AW40+	Crowther	Nancy	Unattached	00:26:57.31
	AW40+	Spiller	Jacqueline	Unattached	DNS

## AW50+

Place	Category	Last	First	Club	Time
1	AW50+	Kaiser	Helen	Unattached	00:19:03.50
2	AW50+	Mcadams	Victoria	Unattached	00:21:29.51
	AW50+	Drennan	Karen	Team Kenda p/b Gear Grinder	DNS
	AW50+	Cuneo	Bettina	UCVC	DNS

## AW60+

Place	Category	Last	First	Club	Time
1	AW60+	Green	Lynne	Unattached	00:20:25.90

## AW70+

Place	Category	Last	First	Club	Time
1	AW70+	Beam	Patricia	ABD	00:24:45.61

## AWO

Place	Category	Last	First	Club	Time
1	AWO	Prinner	Jessi	ABD	00:15:20.55
	AWO	Gialdini	Kimberly	Pact-DISH Network Cycling Team	DNS

## CM15

Place	Category	Last	First	Club	Time
1	CM15	Koors	Alex	ABD - Prairie Path Cycles	00:22:45.86

## CM15-5K

Place	Category	Last	First	Club	Time
1	CM15-5K	Lorenz	Justin	Unattached	00:11:09.50

## CM30-39

Place	Category	Last	First	Club	Time
1	CM30-39	Bentsen	Kurt	Unattached	00:16:24.60
2	CM30-39	Jenkins	Ben	Unattached	00:18:20.38
3	CM30-39	Franck	Dean	Unattached	00:20:51.75



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## CM40+

Place	Category	Last	First	Club	Time
1	CM40+	Gramley	Steve	Multisport Maddness	00:16:18.91
2	CM40+	Henrikson	Steve	Magnetrol	00:18:43.70

## CM40-49

Place	Category	Last	First	Club	Time
1	CM40-49	Lorenz	John	Unattached	00:16:29.26
2	CM40-49	Koors	Dan	Unattached	00:17:19.61
3	CM40-49	Richier	Mark	Endure IT	00:17:50.10
4	CM40-49	Aitchison	Scott	Endure It	00:18:00.76
	CM40-49	Denker	Michael	Sammy's Bikes	DNS
	CM40-49	Spada	Dennis	Unattached	DNS

## CM50+

Place	Category	Last	First	Club	Time
1	CM50+	Bryenton	Ronald	Unattached	00:17:13.58
2	CM50+	Webb	Brad	Unattached	00:17:52.34
3	CM50+	Wostratzky	Don	ABD	00:18:49.78
4	CM50+	Witt	Scott	ABD	00:19:09.42
	CM50+	Feigleson	Scott	Magnetrol	DNS

## CM50-54

Place	Category	Last	First	Club	Time
1	CM50-54	Gauger	David	ABD	00:18:56.90

## CW15

Place	Category	Last	First	Club	Time
	CW15	Lorenz	Alexandra	Multisport Madness Kids	DNS

## CW15-5K

Place	Category	Last	First	Club	Time
1	CW15-5K	Koors	Abby	ABD - Prairie Path Cycles	00:11:19.00

## CW40-49

Place	Category	Last	First	Club	Time
1	CW40-49	Vilimek	Diane	ABD	00:19:41.53
2	CW40-49	Crisman	Laura	Unattached	00:22:32.43
	CW40-49	Lorenz	Tracy	Unattached	DNS



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## CW50+

Place	Category	Last	First	Club	Time
1	CW50+	Kuhr	Martha	Unattached	00:21:02.76
	CW50+	Wedow	Diana	MSM	DNS

## Fastest Men

Place	Category	Last	First	Club	Time
1	AM1/2	Bice	Curtis	ABD	00:14:32.20
2	AM30+	Gerlach	Charles	Lamb Little Racing	00:14:57.93
3	AM40+	Verner	Dan	PACT DishNetwork	00:15:05.50

## Fastest Women

Place	Category	Last	First	Club	Time
1	AWO	Prinner	Jessi	ABD	00:15:20.55
2	AW4	Farsalas	Sarah	ET Tri Club	00:17:51.60
3	AW40+	Frampton	Cathy	Project 5 Racing	00:17:56.84



**TREK**



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